

**“A PROSPECTIVE AND RANDOMIZED STUDY FOR
EVALUATING THE EFFECTIVENESS AND SAFETY OF TWO
STRATEGIES, PRESSURE SUPPORT VENTILATION (PSV) AND
‘ T’- PIECE VENTILATION FOR WEANING ADULT PATIENTS
FROM MECHANICAL VENTILATOR ”**

Dissertation submitted to

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

In partial fulfilment for the award of the degree of

**DOCTOR OF MEDICINE
IN
ANAESTHESIOLOGY**

BRANCH X



**INSTITUTE OF ANAESTHESIOLOGY AND CRITICAL CARE
MADRAS MEDICAL COLLEGE
CHENNAI- 600003**

APRIL 2018

CERTIFICATE

This is to certify that the dissertation titled, **“A Prospective and Randomized study for evaluating the effectiveness and safety of two strategies, Pressure support ventilation (PSV) and T-piece ventilation for weaning adult patients from mechanical ventilator”** Submitted by **Dr.GOPINATH.A** in partial fulfilment for the award of the degree of DOCTOR OF MEDICINE in Anaesthesiology by The Tamilnadu Dr.M.G.R Medical University, Chennai is a bonafide record of work done by him in the INSTITUTE OF ANAESTHESIOLOGY & CRITICAL CARE” Madras Medical College, during the academic year 2015-2018.

**PROF DR. ANURADHA
SWAMINATHAN M.D, D.A**
Professor and director,
Institute of Anaesthesiology
and Critical care,
Madras Medical college,
Chennai – 600 003.

DR.NARAYANABABU M.D,DCH
The Dean
Madras Medical College
Chennai- 600003

CERTIFICATE OF THE GUIDE

This is to certify that the dissertation titled,
“A Prospective and Randomized study for evaluating the effectiveness and safety of two strategies, A Pressure support ventilation (PSV) and T-piece ventilation for weaning adult patients from mechanical ventilator” Submitted by **Dr.GOPINATH.A** in partial fulfilment for the award of the degree of DOCTOR OF MEDICINE in Anaesthesiology.

Date:
Place: Chennai

Prof Dr.G.R.RAJASHREE, M.D
Institute of Anaesthesiology
& Critical care
Madras Medical College
Chennai-600003.

DECLARATION

I hereby declare that the dissertation titled, **“A Prospective and Randomized study for evaluating the effectiveness and safety of two strategies, Pressure support ventilation (PSV) and T-piece ventilation for weaning adult patients from mechanical ventilator”** Has been prepared by me under the guidance of **Prof.Dr.G.R.Rajashree,MD**, Professor of Anaesthesiology, Institute of Anaesthesiology & Critical care, Madras Medical college, Chennai, in partial fulfillment of the regulations for the award of the degree of M.D(Anaesthesiology), examination to be held in April 2018.

This study was conducted by me at Institute of Anaesthesiology & Critical care, Madras Medical College, Chennai.

I have not submitted this dissertation previously to any journal or any university for the award of any degree or diploma.

Date:

Place: Chennai

GOPINATH.A

ACKNOWLEDGEMENT

I am extremely thankful to **Dr.Narayana Babu MD DCH**, the Dean, Madras Medical College, for his permission to carry out this study.

I am immensely thankful and indebted to **Prof.Dr.ANURADHA SWAMINATHAN, MD, DA**, the Director and Professor, Institute of Anaesthesiology & Critical care for her concern, guidance and support in conducting this study.

I am extremely thankful to **Prof.Dr.G.R.Rajashree MD**, Professor of Anaesthesiology, for her concern, inspiration, meticulous guidance, expert advice and constant encouragement in doing this study.

I am immensely thankful to **Dr.Kanthimathy, MD,DA** Assistant Professor of Anaesthesiology, , for her valuable suggestions and constant motivation in doing my study. I am extremely thankful to **Dr.Sattanathan, DA**, Assistant Professor of Anaesthesiology, **Dr.A.Ganesh M.D**, Assistant Professor of Anaesthesiology, **Dr.Rukesh M.D**, Assistant Professor of Anaesthesiology, **Dr.Asha, M.D** ,Assistant Professor of Anaesthesiology for their support in carrying out this study.

I am thankful to the ethical committee for the approval and guidance for this study.

I am thankful to all my colleagues and friends for their help and advice in carrying out this study.

I am grateful to my family members and friends for their moral support and encouragement.

Lastly I am extremely thankful to Almighty and all the patients and family members for willingly submitting themselves for my study.

PLAGIARISM CERTIFICATE



Urkund Analysis Result

Analysed Document:	plagiarism gopinath.doc (D31290257)
Submitted:	10/13/2017 1:21:00 PM
Submitted By:	gopianna2003@gmail.com
Significance:	0 %

Sources included in the report:

Instances where selected sources appear:

0

PLAGIARISM CERTIFICATE

This is to certify that the dissertation titled, **“A Prospective and Randomized study for evaluating the effectiveness and safety of two strategies, Pressure support ventilation (PSV) and T-piece ventilation for weaning adult patients from mechanical ventilator”** Submitted by **Dr.GOPINATH.A** with Registration number 201520011 in partial fulfilment for the award of the degree of DOCTOR OF MEDICINE in Anaesthesiology by The Tamilnadu Dr.M.G.R Medical University, 2015-2018. I personally verified the Urkund.com website for the purpose of Plagiarism Check. I found that uploaded thesis file contains from introduction to conclusion 93 pages and the results shows 0 percentage of plagiarism in the dissertation.

Date:
Place: Chennai

Prof Dr.G.R.RAJASHREE, M.D
Institute of Anaesthesiology
& Critical care
Madras Medical College
Chennai-600003.

S.NO	CONTENTS	PAGE NO
1	Aim Of The Study	1
2	Introduction	2
3	Modes of Ventilation	13
4	Weaning from Mechanical Ventilation	36
5	Weaning Procedure	39
6	Monitoring in Mechanical Ventilation	42
7	Review Of Literature	48
8	Materials & Methods	52
9	Observation Results and Analysis	58
10	Discussion	86
11	Summary	91
12	Conclusion	93
12	Bibliography	94
13	Annexures:	106
	❖ Proforma	108
	❖ Consent forms	113
	❖ Master Chart	

AIM OF STUDY

This study evaluates the effectiveness and safety of two strategies, Pressure support ventilation (PSV) and T piece ventilation for weaning adult patients who require elective post operative mechanical ventilation for at least 12 hours, measuring weaning success and other clinically important outcomes.

INTRODUCTION

- Ventilator is a simple machine designed to apply & transmit energy which serves to perform useful work, following a set scheme.
- Three pressures that determine the flow and, therefore, the generation of volume; these are:
 1. The atmospheric pressure (P_{atm})
 2. The alveolar pressure, the pressure within the lungs (P_{alv});
 3. The pleural pressure, the pressure generated between the lungs and the thoracic cage (P_{pl}).

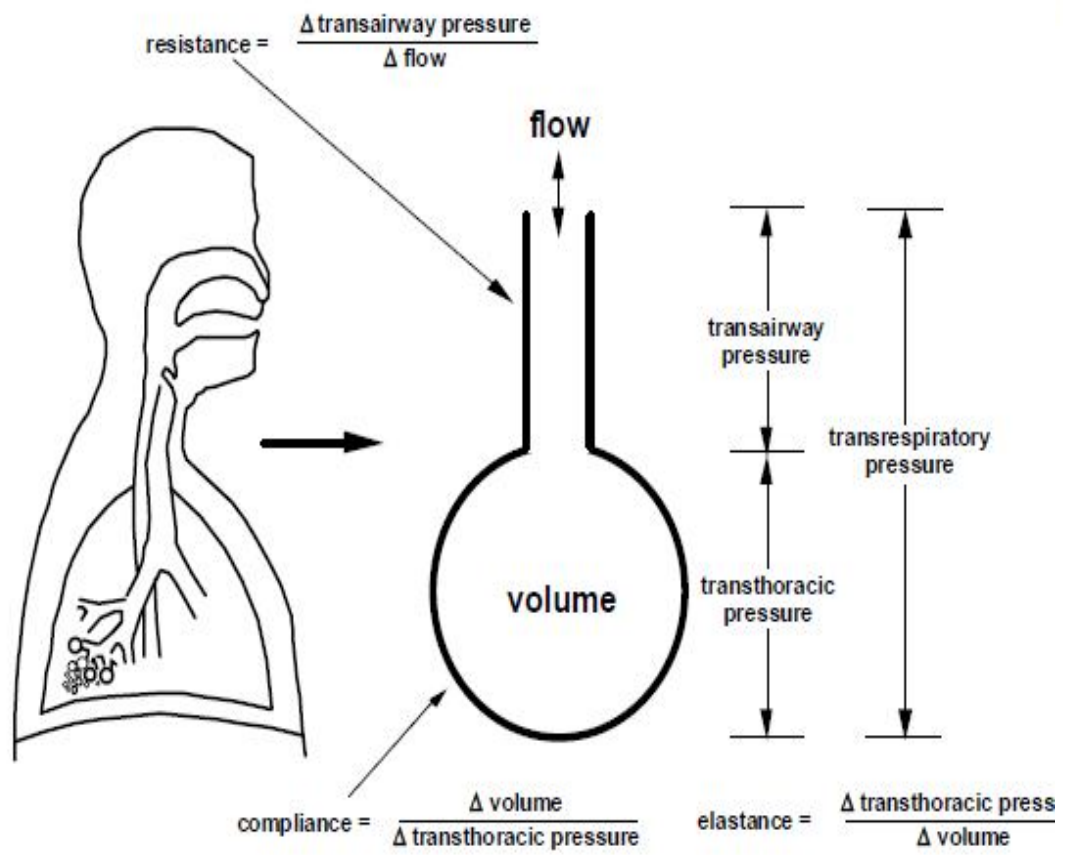
Pressure Gradient

- The movement of air from outside the body to the lungs and vice versa is made by a pressure gradient between the exterior (P_{atm}) and interior of the lungs (P_{alv}).
- If the P_{alv} decreases with respect to the P_{atm} , it is of negative pressure ventilation.
- If the P_{atm} (pressure at the mouth) increases with respect to the P_{alv} , it is of positive pressure ventilation

- Trans-respiratory system pressure is the pressure at the airway opening minus pressure at the body surface.

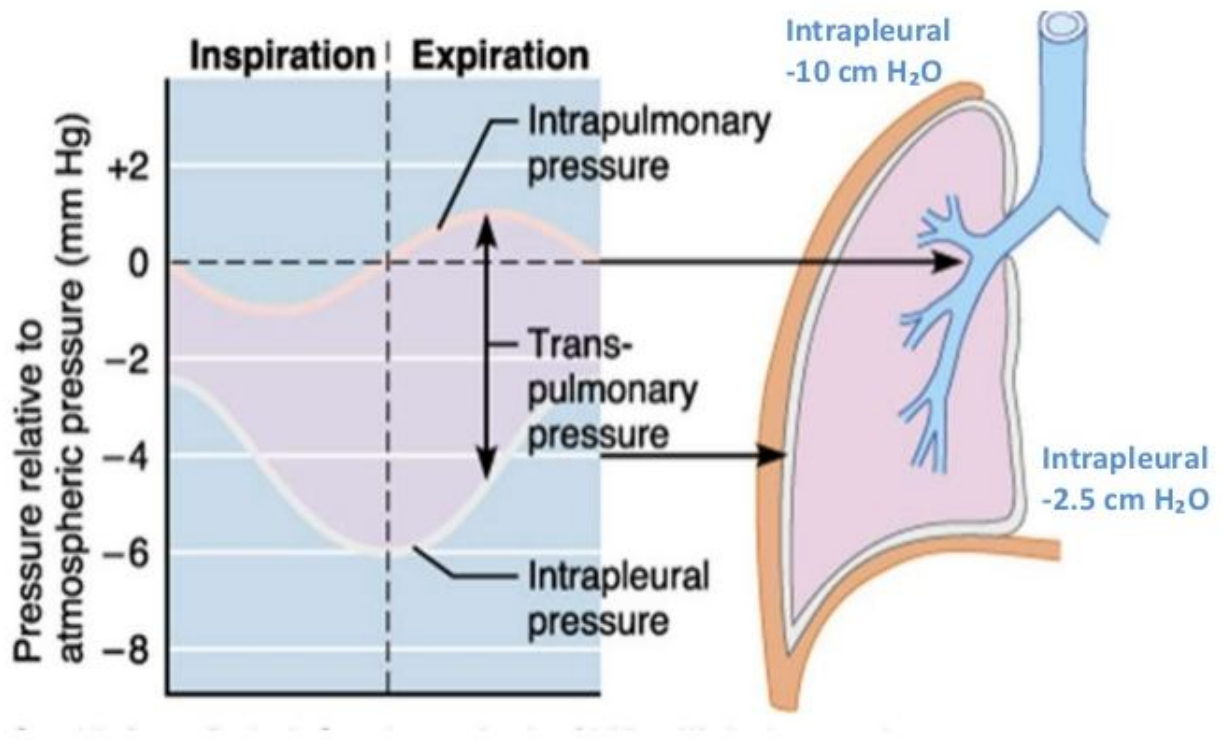
Pressure driving inspiration

- Transairway pressure-airway opening pressure minus lung pressure
- Transthoracic pressure – lung pressure minus body surface pressure.
- Transpulmonary pressure –airway opening pressure minus pleural pressure



Equation of Motion for the Respiratory System

$$P_{\text{vent}} + P_{\text{muscles}} = \text{elastance} \times \text{volume} + \text{resistance} \times \text{flow}$$

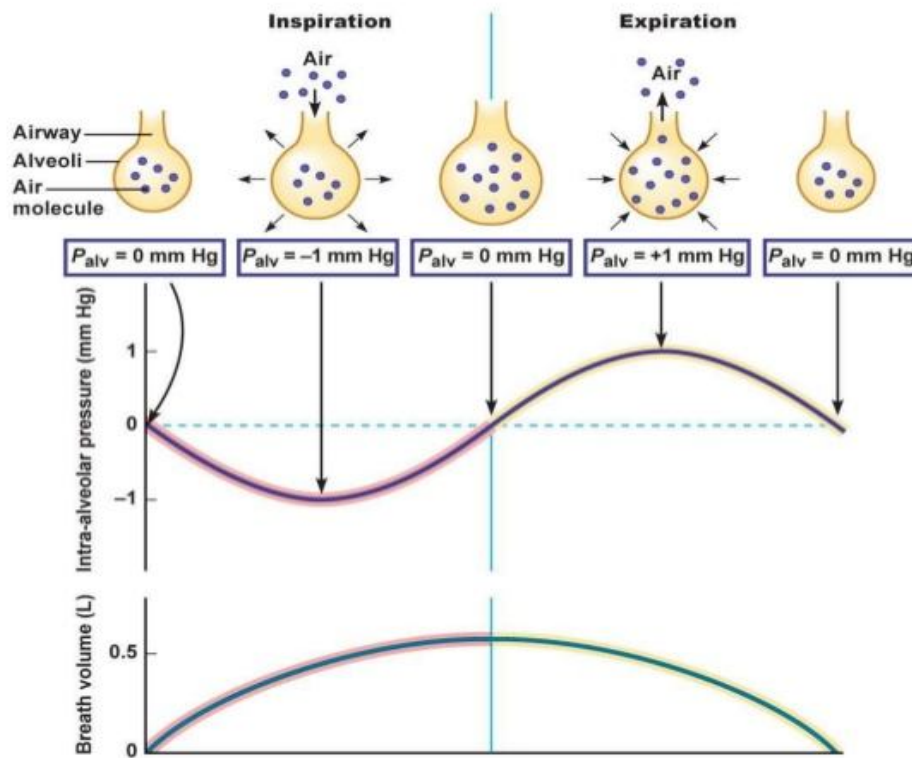


Barometric Pressure (P_B) & Alveolar Pressure (P_{alv}) during Spontaneous Breathing

Spontaneous Breathing	P_B(cm H₂O)	P_{ALV}(cmH₂O)	ΔP	Flow
Inspiration	0	-5	-5	Into the Lungs
End of Inspiration	0	0	0	None
Expiration	0	20	-20	Out of lungs
End of Expiration	0	0	0	Nil Flow

Inspiratory Pressure (P_i) & Alveolar Pressure (P_{alv}) during PPV

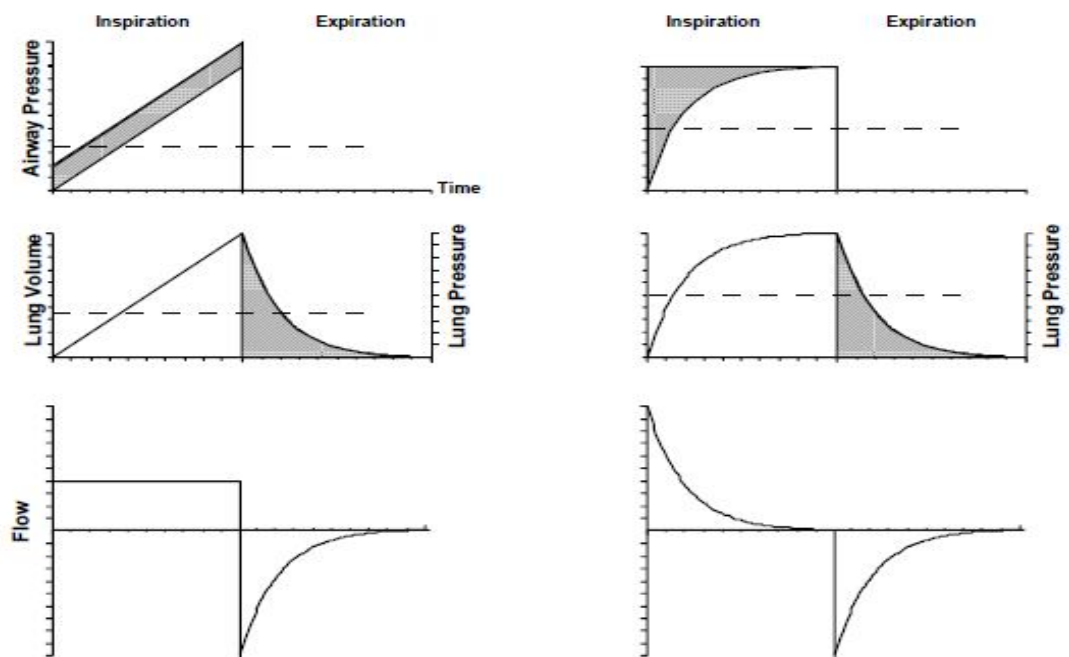
Positive Pressure Ventilation	$P_i(\text{cm H}_2\text{O})$	$P_{ALV}(\text{cmH}_2\text{O})$	ΔP	Flow
Inspiration	20	0	+20	Into the Lungs
End of Inspiration	20	20	0	Nil Flow
Expiration	0	20	-20	Out of lungs
End of Expiration	0	0	0	Nil Flow



© 2011 Pearson Education, Inc.

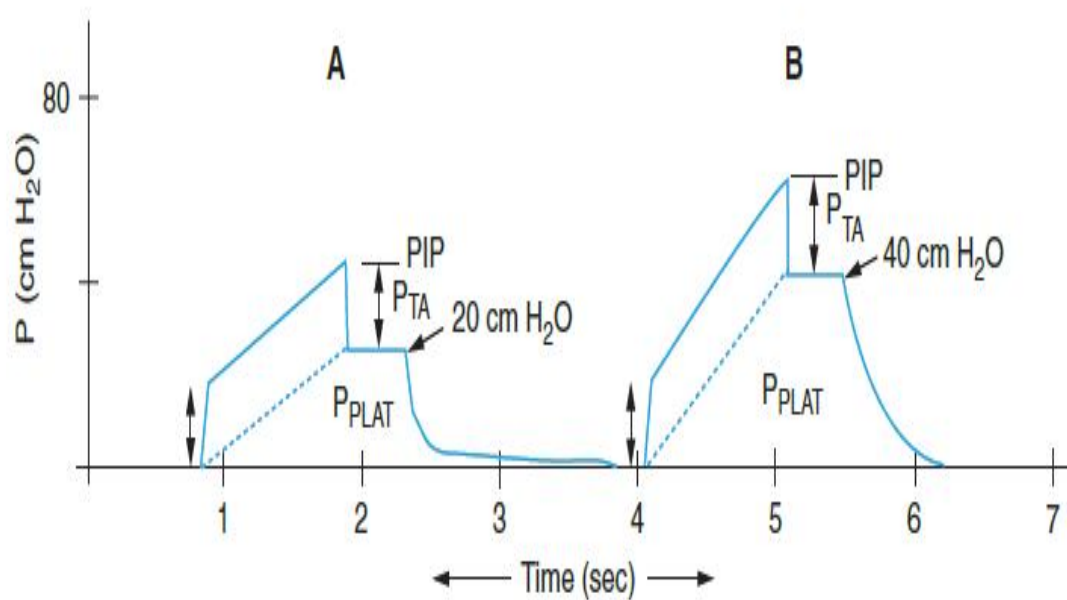
DURING POSITIVE PRESSURE VENTILATION

Comparison of volume control using constant inspiratory flow with pressure control using constant inspiratory pressure. Shaded areas show pressure due to resistance. Unshaded areas show pressure due to compliance.



COMPLIANCE

- Volume change per unit pressure change $C = \Delta V / \Delta P$.
- Static Compliance - measured when the flow is momentarily stopped
- Dynamic Compliance - Dynamic compliance is measured when airflow is present.



Compliance	Conditions
Static Compliance	Tension Pneumothorax Obesity ARDS Retained secretions Atelectasis
Dynamic Compliance	Bronchospasm Airway obstruction ET tube Kinking

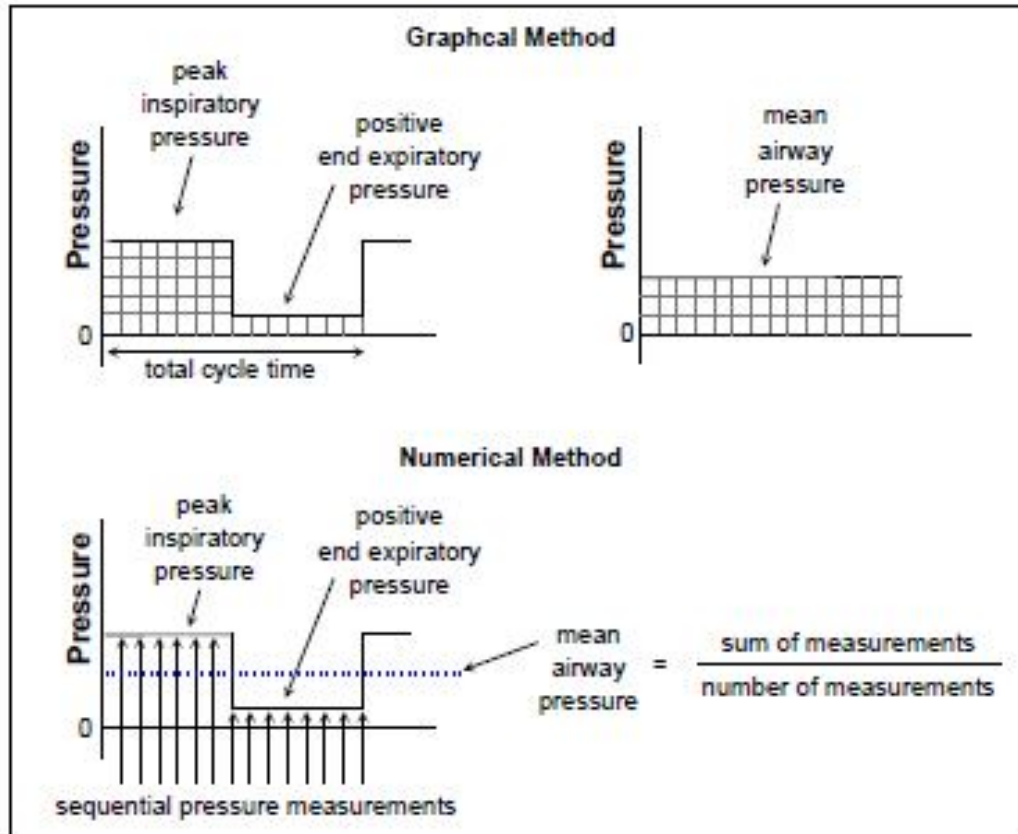
AIRWAY RESISTANCE (R)

- Airway resistance is defined as impedance offered to the flow of gas or fluid through a tube (ET tube or conducting airways)
- Affected by the size, Length(L), radius (r) and patency of the airway, endotracheal tube, and ventilator circuit
- $R = L/r^4$
- Hypoventilation occurs if the patient is can't overcome the airway resistance by increasing the work of breathing

Type	Conditions
COPD	Emphysema Asthma Bronchiectasis Chronic bronchitis
Mechanical obstruction	Foreign body aspiration Post intubation obstruction Condensation in ventilator circuit Endotracheal tube
Infection	Laryngotracheobronchitis (croup) Bronchiolitis Epiglottitis

MECHANICAL VENTILATION

Calculating mean airway pressure



Peak inspiratory pressure:

The pressure used to deliver the tidal volume by overcoming elastic lung parenchyma and nonelastic airways resistance

Plateau Pressure:

The pressure needed to maintain lung in inflated state in the absence of airflow for diffusion of gases.

Equation for motion of the respiratory system

- $P_{vent} + P_{musc} = \text{Elastance} \times \text{Volume} + (\text{Resistance} \times \text{Flow})$

During inspiration

- Variables - Pressure, volume, and flow
- Parameters- Elastance and resistance
- $\text{Flow} = \text{Volume} / \text{Time}$

During expiration

- Passive process
- $\text{Resistance} \times \text{Flow} = \text{Elastance} \times \text{Volume}$.
- Minus sign at the left of the equation indicates the negative direction of the expiratory flow
- $\text{Elastance} = \Delta \text{Pressure} / \Delta \text{Volume}$
- $\text{Resistance} = \Delta \text{pressure} / \Delta \text{flow}$
- $\text{Muscle pressure} + \text{vent pressure} = \text{elastic load} + \text{resistive load}$
- Elastic load is the pressure required to deliver the tidal volume.
- Resistive load is the pressure required to deliver the flow
- $\text{Compliance} = \Delta \text{volume} / \Delta \text{pressure} = 1 / \text{elastance}$

MODES OF VENTILATION

A mode is a description of

1. How the ventilator is triggered or initiated into inspiration.
2. How it is cycled to expiration.
3. What variables or parameters are limited during inspiration
4. Whether the mode allows mandatory, spontaneous or assisted breath.

COMPONENTS OF A MODE

1. Breath types
2. Phase variables
3. Control variables

BREATH TYPES

- **Mandatory breath**

Started and ended by machine

- **Assisted breath**

Started by the patient but ended by the machine

- **Spontaneous Breath**

Started and ended by the patient

PHASE VARIABLES

- It refers to the four phases of a breath
- Change from expiration to inspiration - *TRIGGER*
- During inspiration – *LIMIT*
- Change from inspiration to expiration – *CYCLE*
- Expiration - *BASELINE*

TRIGGER

Initiates the breath

TIME TRIGGER

Ventilator initiates breath according to set frequency, independent of patient efforts(CMV)

PRESSURE TRIGGER

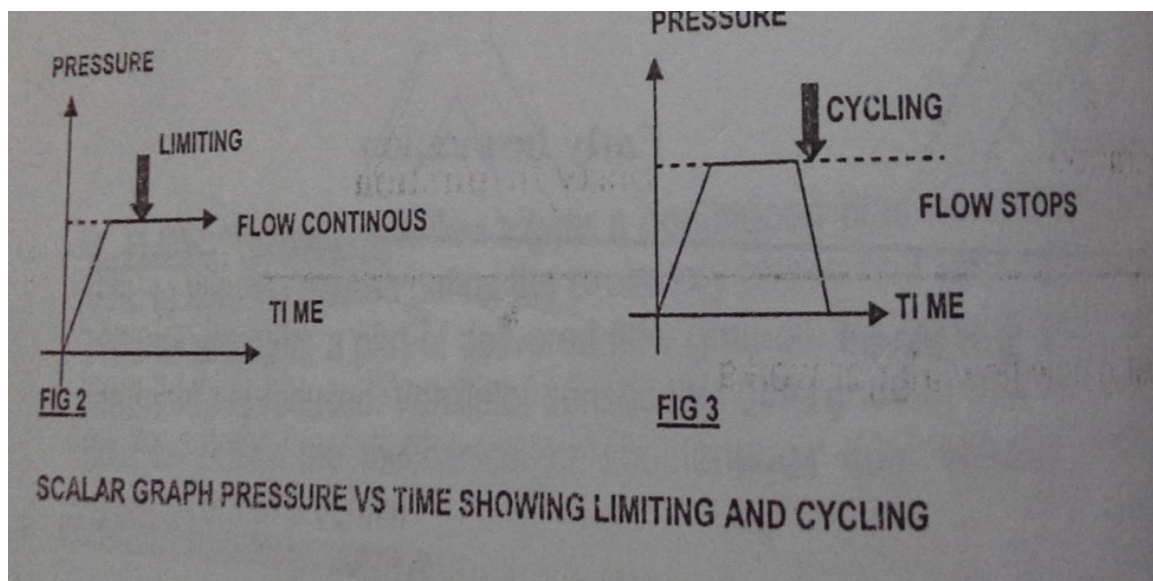
Ventilator senses the decrease in baseline pressure, independent of set frequency

FLOW TRIGGER

Ventilator senses the decrease in return flow through the circuit

LIMIT

- A variable (pressure/volume/flow) which is limited during inspiration
- IT DOES NOT TERMINATE INSPIRATION



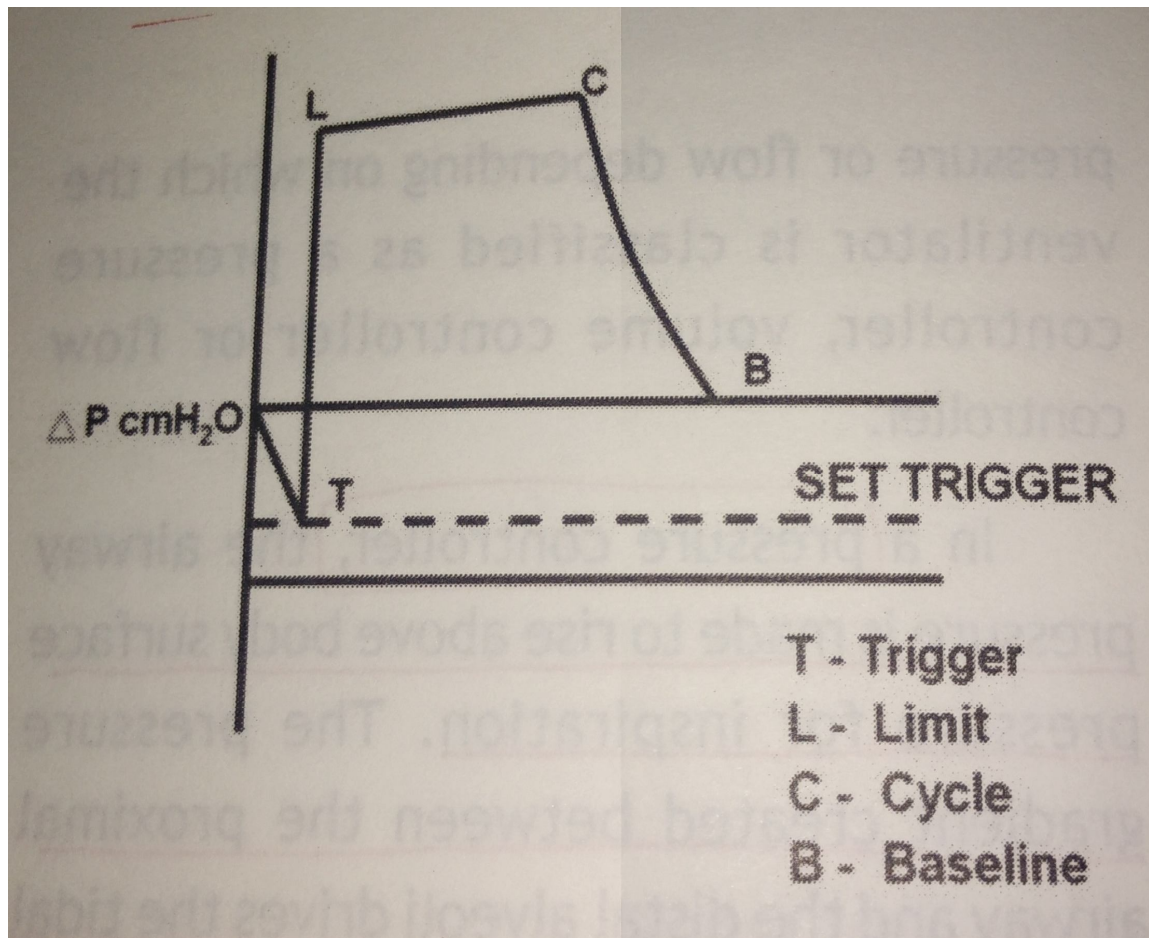
CYCLE

- It terminates inspiration and switch over to expiration
- It could be time, pressure, volume or flow

BASELINE

Variable that is controlled during the expiratory time (Pressure)

If the pressure is held higher than ambient pressure, it is called PEEP



CONTROL VARIABLE

- Denotes which (parameter) variable we are going to set/control
- **VOLUME**
- **PRESSURE**
- **TIME**
- If the variable / parameter eg: volume is controlled then that remains constant and the other variable/ parameters may vary.

MECHANICAL VENTILATOR



CLASSIFICATION OF CONVENTIONAL MODES

Conventional modes are classified into 2 types based on the two components of a mode.

1. Based on type of breath
2. Based on control variables

BASED ON TYPE OF BREATH

- **CMV – CONTINUOUS MANDATORY VENTILATION**
- **IMV- INTERMITTENT MANDATORY VENTILATION**
- **SIMV- SYNCHRONOUS INTERMITTENT MANDATORY VENTILATION**

BASED ON CONTROL VARIABLES MODES ARE CLASSIFIED

1. **Pressure control or pressure preset**
2. **Volume control or volume preset.**

Example:

If the volume is controlled then the pressure may vary depending on the compliance of the lung.

VOLUME CONTROL

ADVANTAGES

- Guaranteed tidal volume
- Less chance of atelectasis

DISADVANTAGES

- Limited flow available may not meet patient's desired flow rate.
- Can cause excessive airway pressure (BAROTRAUMA)

PRESSURE CONTROL

The pressure gradient created between the proximal airway and the distal alveoli drives the tidal volume in to the lungs

ADVANTAGES

- Constant Peak airway pressure is maintained
- Improves gas distribution
- Lowers Work of breathing

DISADVANTAGES

- Variable Tidal Volume

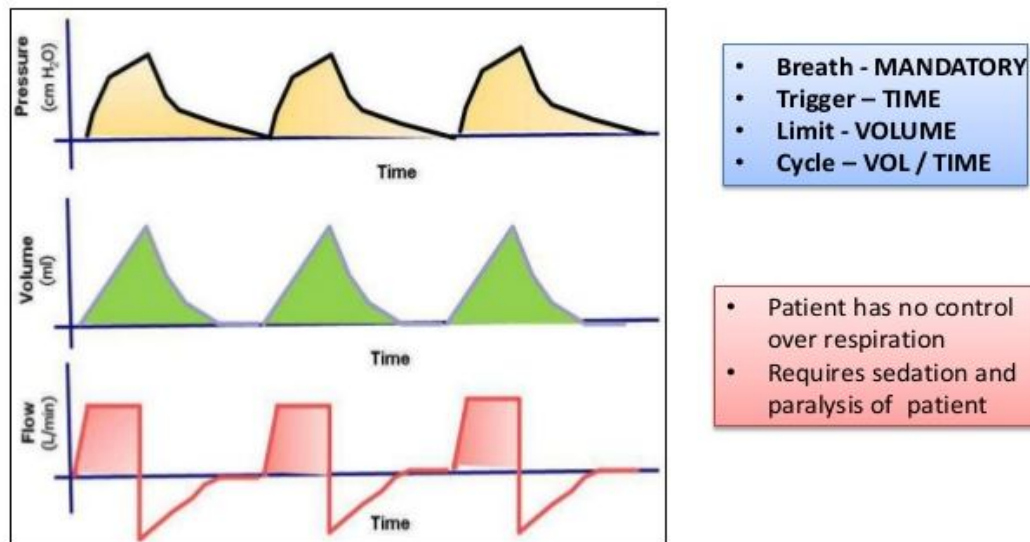
VOLUME VERSUS PRESSURE CONTROL MODE VENTILATION

Volume Ventilation	Pressure Ventilation
Volume delivery constant	Volume delivery varies
Inspiratory pressure varies	Inspiratory pressure constant
Inspiratory flow constant	Inspiratory flow varies
Inspiratory time determined by set flow and Tidal Volume	Inspiratory time set by clinician

Controlled Mandatory Ventilation (CMV)

- In this mode, the ventilator delivers a preset tidal volume at a time-triggered respiratory rate.
- It control the patient's minute ventilation.
- Requires Sedatives and neuromuscular blockers.
- ***Mandatory breath*** – ventilator determines the start time (time triggered) and/or the volume or pressure limited

Controlled Mandatory Ventilation (CMV/VCV)



Appropriate when a patient can make no effort to breathe or when ventilation must be completely controlled

- Spinal cord injury
- Cerebral malfunctions
- Motor nerve paralysis
- Phrenic nerve injury
- Controlled ventilation is difficult to use unless the patient is sedated or paralyzed with medications
 - Intra operative controlled ventilation

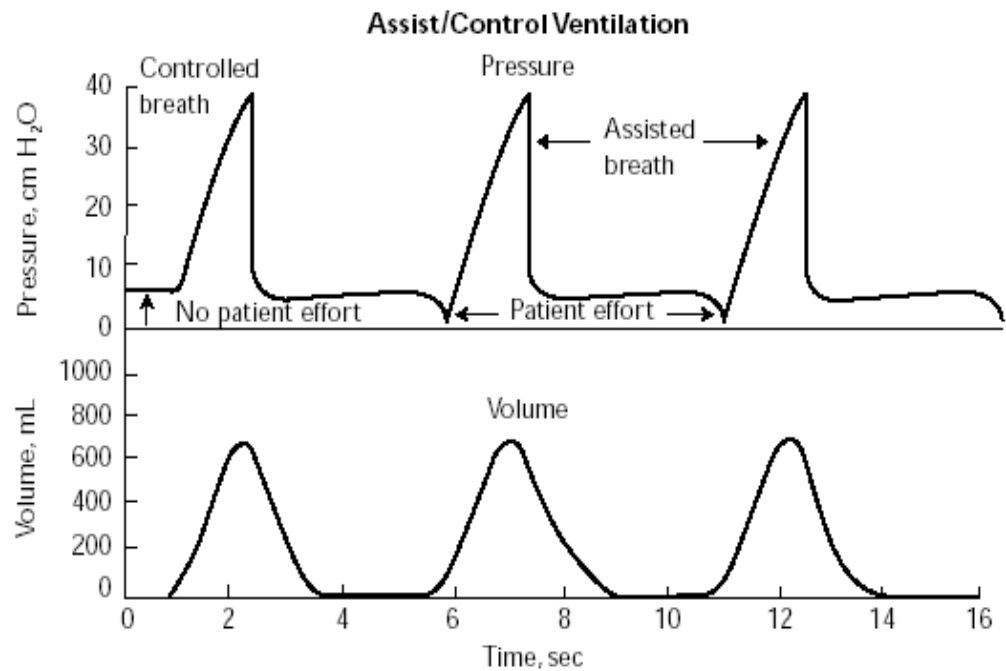
- Seizure activity
- Tetanic contractions
- Complete rest for the patient
- Crushed chest injury – stabilizes the chest

The primary hazard associated with control mode is potential for *apnea and hypoxia if patient have accidentally disconnected* from ventilator or ventilator failed to operate

ASSIST CONTROL MODE (ACMV)

- In this mode, the mandatory breaths may be either *patient triggered (assist)* or *time triggered* by a preset respiratory rate (*control*).
- *Minute ventilation can be increased* by patient.
- Useful in pts with stable respiratory drive. Trigger level should be appropriate

MODE	INITIATE	CONTROL	CYCLE
VOLUME ACMV	PATIENT OR TIME	VOLUME	FLOW OR VOLUME
PRESSURE ACMV	PATIENT OR TIME	PRESSURE	TIME



INDICATIONS

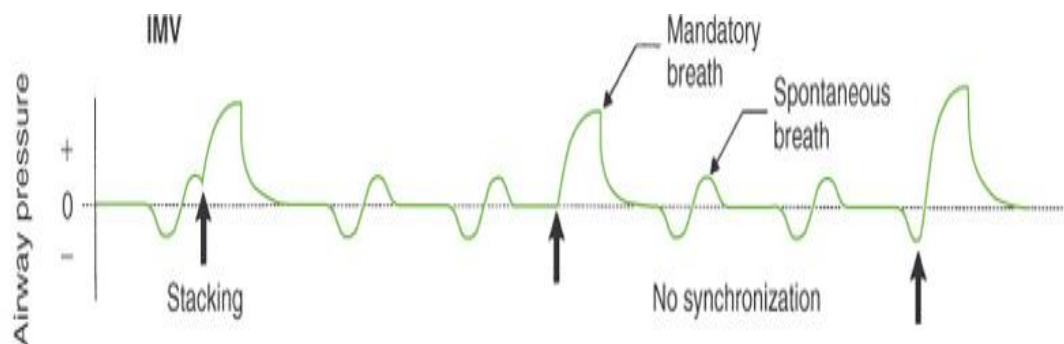
- This mode of ventilation is often used to provide full ventilatory support for patients when they are first placed on mechanical ventilation.

- Typically used for patients who have stable respiratory drive and average Respiratory Rate and can therefore trigger .
 - Advantages
 - Decreases the work of breathing
 - Allows patients to regulate respiratory rate
 - Complications
 - Alveolar hyperventilation
 - *TRIGGER – time / patient*
 - *LIMIT- volume / pressure*
 - *CYCLE- volume / time*



INTERMITTENT MANDATORY VENTILATION

- Mandatory breath (volume or pressure targeted breaths) occur at set interval (time triggering)
- Between mandatory breaths, the patient *breathes spontaneously* at any desired baseline pressure without receiving a mandatory breath
- Mechanical rate and spontaneous rate may become asynchronous causing “*stacking*”
- May cause barotrauma or volutrauma



SYNCHRONISED IMV (SIMV)

- The patient receives the Mandatory set Volume at set Respiratory Rate
- The set Mandatory breaths are synchronized with patient efforts.

- Between the mandatory breaths the patient can breath spontaneously

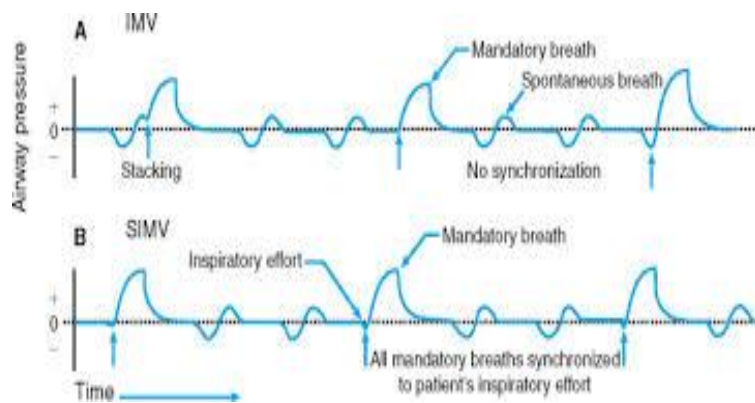
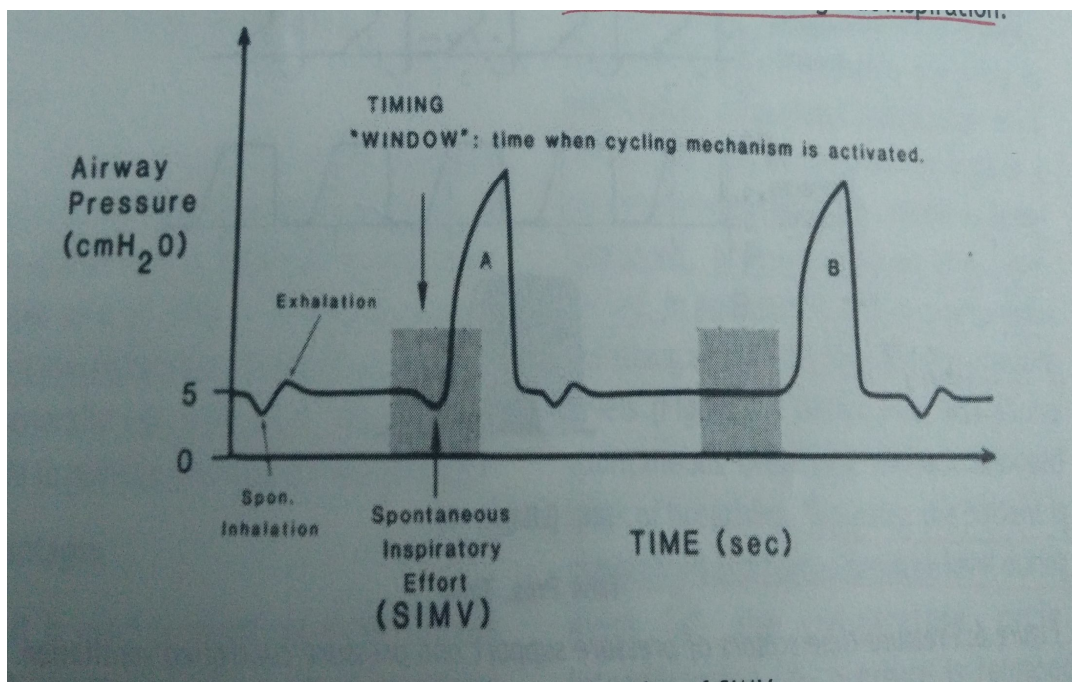
- Triggering - Time or patient

Limiting - Volume / pressure

Cycling - Volume / time

SYNCHRONISATION / TIMING WINDOW

- The time interval just *prior to time triggering* in which ventilator is responsive to patient's spontaneous inspiratory effort is known as synchronisation window.
- Time interval of 0.5s is representative.
- If patient makes a spontaneous inspiratory effort when synchronisation window is active, ventilator will deliver an assisted patient triggered breath



Indications

- Facilitate transition from full ventilatory support to partial support
- **Advantages**
 - Decreases mean airway pressure
 - Facilitates ventilator discontinuation – “weaning”
 - Maintains respiratory muscle strength by avoiding muscle atrophy

COMPLICATIONS

- Desire to wean the patient too rapidly may lead to high work of spontaneous breathing leading to *muscle fatigue* and weaning .
- The best way to avoid this is to decrease SIMV mandatory respiratory rate slowly and monitor the patient closely for signs of fatigue.

PRESSURE SUPPORT VENTILATION (PSV)

- The *ventilator provides a constant pressure* during inspiration once it *senses* that the patient has made an *inspiratory effort*
- Pressure supported breath are considered *spontaneous*
- Patient triggered

- Tidal Volume varies with patient's inspiratory flow demand
- Inspiration last only for as long as the patient actively inspires
- Inspiration is terminated when inspiratory flow demand reaches the preset value
- *Trigger – Patient*
- *Limit – Pressure*
- *Cycle – flow*

ADVANTAGES

- Augments the patients **spontaneous Tidal Volume**
- **Decreases patient Work of Breathing** by overcoming the resistance of the artificial airway, vent circuit and demand valves
- Prevents respiratory **muscle atrophy**
- Facilitates **weaning**
- Improves **patient comfort** and reduces need for sedation
- May be applied in any mode that allows spontaneous breathing, e.g., VC-SIMV, PC-SIMV

Disadvantages

- Requires consistent **spontaneous ventilation**
- Patients in stand-alone mode should **have back-up ventilation**
- **Tidal Volume variable** and dependant on lung characteristics and synchrony
- **Fatigue and tachypnea** if Pressure Support level is set too low

SIMV WITH Pressure Support

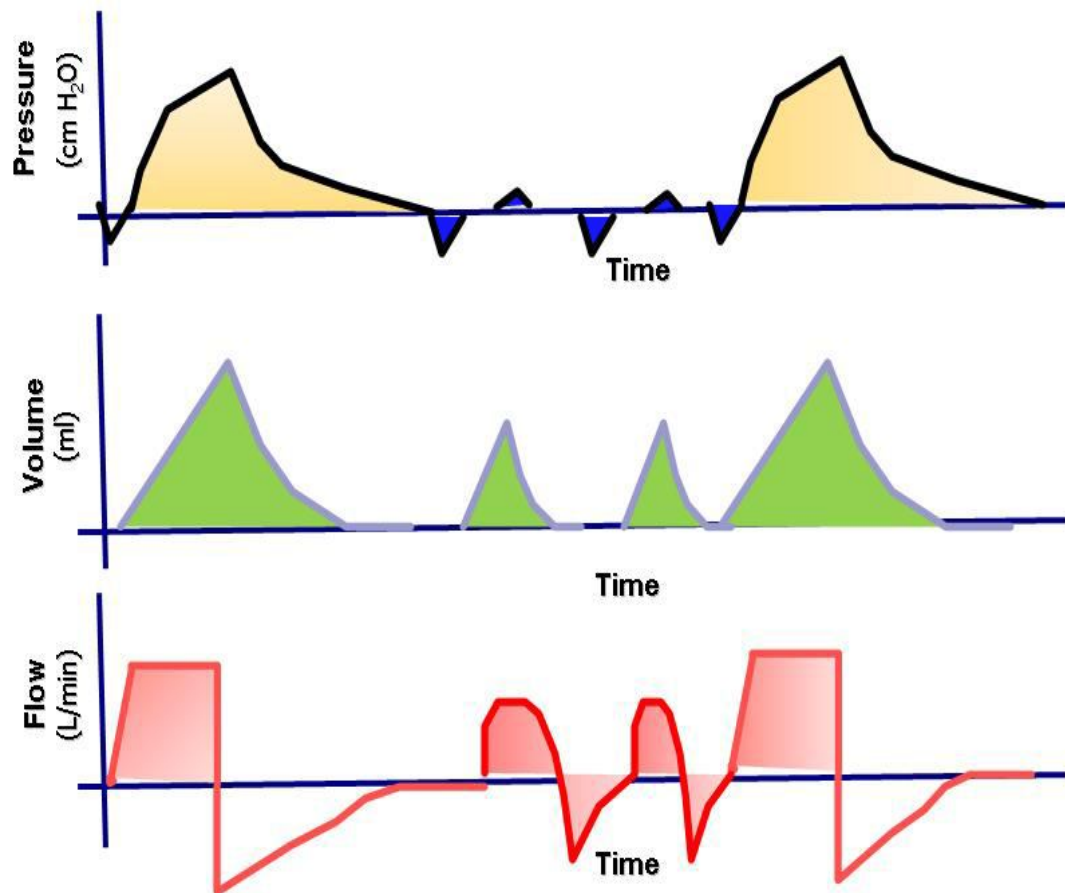
- Pressure support is commonly applied in SIMV mode when patient take spontaneous breaths.
- To facilitate weaning in a difficult to wean patient.

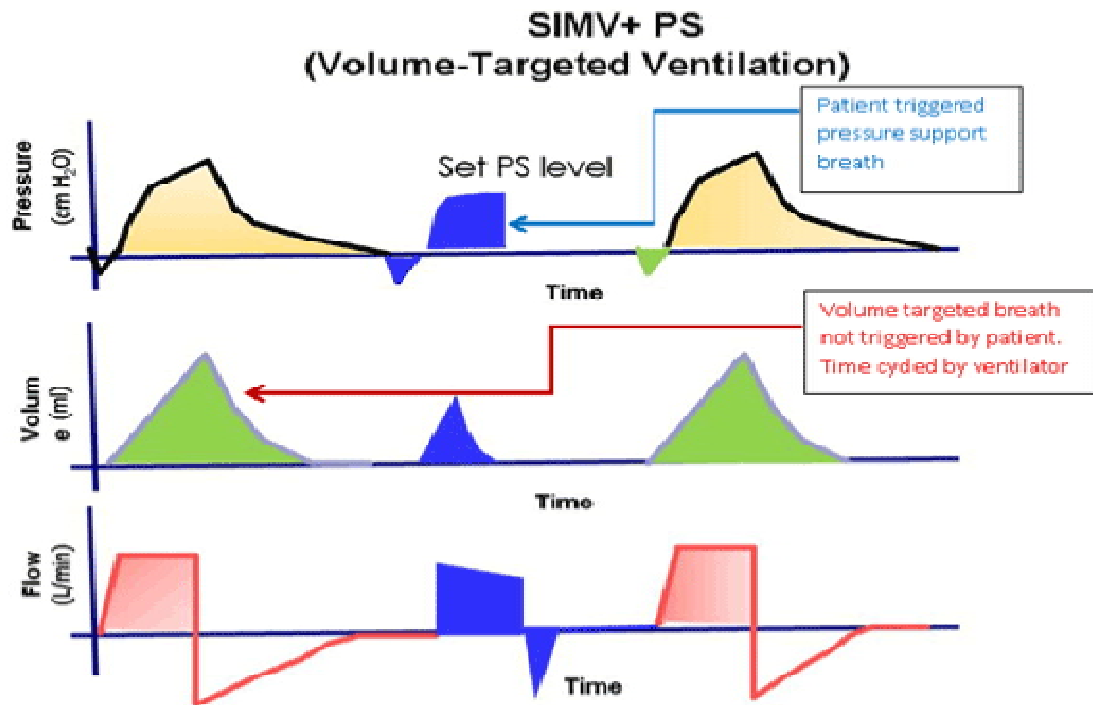
In this mode, pressure support

- Increase patient's spontaneous Tidal Volume
- Decrease patient's spontaneous Respiratory Rate

decreases the work of breathing

SIMV (Volume-Targeted Ventilation)





PEEP

- Pressure above ambient at the end of expiration
- Not a stand alone Mode

Indications:

- Intrapulmonary shunt & refractory hypoxemia,
- Decreased FRC and lung compliance
- **Auto PEEP**
 - Helps prevent early airway closure and alveolar collapse and the end of expiration by increasing (and normalizing) the functional residual capacity (FRC) of the lungs
- Facilitates better oxygenation

PEEP is intended to improve oxygenation, not to provide ventilation, which is the movement of air into the lungs followed by exhalation

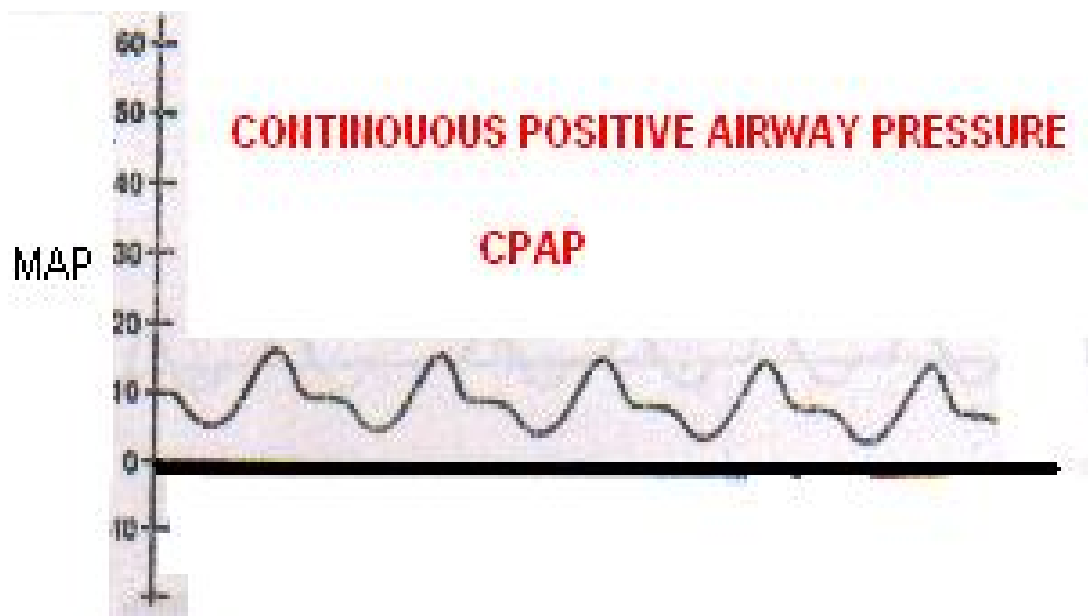
Complications

- Decreased Venous return & Cardiac output
- Barotrauma
- Increased ICT
- Decreased Renal perfusion

CPAP

It is **PEEP** applied to the airway of the *Spontaneously breathing* patients

- Helpful for improving oxygenation in patients with refractory hypoxemia and a low FRC
- CPAP setting is adjusted to provide the best oxygenation with the lowest positive pressure and the lowest FiO₂
- Advantages
- Ventilator can monitor the patient's breathing and activate an alarm if something undesirable occurs



Pressure remains positive and do not return to zero baseline

- **CMV - all breaths are mandatory**
- **ACMV - two types of breath, assisted and mandatory as back up.**
- **IMV - TWO types of breath ,mandatory and spontaneous.**
- **SIMV - 3 types of breath- mandatory , assisted and spontaneous.**
- **Spontaneous (CPAP/BiPAP) - all breaths are spontaneous**

WEANING FROM MECHANICAL VENTILATION

- **WEANING SUCCESS**
- **WEANING IN PROGRESS**
- **WEANING FAILURE**

VENTILATORY CRITERIA

- PaCO₂ - <50 mm Hg
- Vital capacity (>10 ml/kg) and spontaneous tidal volume (>5 ml / kg)
- Spontaneous frequency - <35 / min
- f/V_t - >105 breaths/min/L
- Minute ventilation - <10 L

Oxygenation criteria

- PaO₂ - (>60 or >100 mm Hg)
- SaO₂ > 90 %
- PaO₂ / FiO₂ - >200 mm Hg
- Q_s / Q_t - <20 %
- P(A -a)O₂ - <35 mm Hg

Pulmonary reserve and Pulmonary Measurements

- Static compliance
 - $= \Delta V / \Delta P - 30 \text{ ml /cm H}_2\text{O}$
- Airway resistance (0.6 – 2.4 cm H₂O)
- Dead space / tidal volume Ratio
 - $VD/ VT = (PaCo_2 - PECO_2) / PaCo_2$
 - Should be <60 %

Rapid Shallow Breathing Index

- Spont. Breathing frequency /spon.tidal volume
- >100 breaths/ lit /min – weaning failure
- < 100 Breaths/Lit/min – weaning success

Category	Example	Note
Clinical Criteria	Resolution of acute phase of disease Absence of excessive secretions Adequate cough Cardiovascular and hemodynamic stability	
Ventilatory Criteria	Spontaneous breathing trial	Tolerate 20 to 30 min
	Vital capacity	>10 mL/kg
	PaCO ₂	<50 mm Hg with normal pH
	Spontaneous Tidal volume	>5 ml/Kg
	Spontaneous Resp. rate	<35/min
	TV/RR	<100 breaths/min/Lit*
	Minute Volume	<10 L with good ABG
Oxygenation Criteria	PaO ₂ without PEEP	>60 mm Hg at F _i O ₂ <40%
	PaO ₂ with PEEP (≤8 cm H ₂ O)	>100 mm Hg at F _i O ₂ <40%
	P _a O ₂ /F _i O ₂ (PF Ratio)	≥150 mm Hg
Pulmonary Measurements	Airway resistance	Stable or improving
	Static compliance	>30 ml / cm H ₂ O
	V _D /V _T	<60% with ET tube
Pulmonary reserve	Max. Insp. pressure	> -30 cm H ₂ O in 20 sec
	Vital capacity	>10 ml/kg

WEANING PROCEDURE

SPONTANEOUS BRAETHING TRIAL



CPAP –PSV or T – Piece



Spontaneous Breating for 90 min

PSV up to 8 cm H₂O in CPAP

T-Piece

Assess the pt



Extubate if ABG normal

SIMV

Reduce the frequency by 1 – 3 breaths / min



MONITOR SpO₂



Reduce it further until a frequency of 2 – 4



Extubate if ABG NORMAL

PRESSURE SUPPORT VENTILATION

Decrease the airflow resistance



Spontaneous breathing must



Start with 15 cm H₂O (MAX -40)



Decrease by 3 to 6 cm H₂O up to 8cm H₂O



EXTUBATE if ABG normal.

MONITORING IN MECHANICAL VENTILATION



Monitoring patient's clinical condition

- Important because clinical status changes rapidly and unpredictably.
- **Parameters monitored**
- Vital signs
- Chest inspection, auscultation
- Fluid balance & anion gap
- ABG
- **Non-invasive monitoring**
- Monitoring Heart Rate

Tachycardia :

- Hypovolemia
- Hypoxemia
- Anxiety and stress
- Shock
- Fever
- Pain

Bradycardia :

- Suctioning
- Drug reaction (morphine)
- Hypoxia
- Heart block
- Inadequate coronary blood flow
- Hypothermia

Monitoring blood pressure

Hypertension

- Stress
- Anxiety
- Pain
- Drugs (adrenaline)
- Polycythemia
- Fluid over load

Hypotension

- ↓venous return due to PPV
- Absolute hypovolemia
- Septic shock
- Myocardial depression
- Pneumothorax

Monitoring respiratory rate

- Pain
- Anxiety

- Shock
- Tension pneumothorax
- Fever
- Tube displacement, block
- Inappropriate settings

ABG

- 1 hr after starting ventilation
- After change of settings
- Fall in saturation or clinical worsening
- Pre and post weaning
- ETCO₂ & Spo₂ monitoring reduces need for ABG

VENTILATION:

- hypoventilation & respiratory acidosis
- hyperventilation & respiratory alkalosis

OXYGENATION: assessed by PaO₂, P(A-a) O₂,

PaO₂/PA O₂, PaO₂/FiO₂

INTERPRETATION OF OXYGENATION STATUS	
PARAMETERS	CRITERIA
PaO ₂	80-100 mm Hg :normal
	60-79 mm Hg :mild hypoxemia
	40-59 mm Hg :moderate hypoxemia
	<40 mm Hg :severe hypoxemia
PaO ₂ /FiO ₂	<300 mm Hg :ALI
	<200 mm Hg :ARDS
P(A-a)O ₂	5-10 mm Hg : normal
PaO ₂ /PA O ₂	>75% : normal
	<75% :hypoxemia

Non invasive monitoring

- ET CO₂
- ECG
- NIBP
- SpO₂
- TEMPERATURE

MONITORING ETCO₂



REVIEW OF LITERATURE

- 1) Ely *et al* (1994) showed that immediate extubation after successful trials of spontaneous breathing expedites weaning and reduces the duration of mechanical ventilation as compared with a more gradual discontinuation of ventilatory support.
- 2) Brochard *et al*(1994) Showed there was no difference in the duration of weaning between the T-piece and SIMV groups, but PSV led to significantly shorter duration of weaning compared with the combined T-piece and SIMV cohorts (5.7 ± 3.7 days versus 9.3 ± 8.2 days).
- 3) Esteban *et al* (1995) showed (76%) patients were successfully extubated on their first day of weaning after a T-piece trial. The 24% patients who failed were randomized to undergo weaning by the following strategies: once a day T-piece trial; two or more T-piece or continuous positive airway pressure trials each day as tolerated; PSV with attempts at reduction of 2–4 cmH₂O at least twice a day; and SIMV with attempts at reduction by two to four breaths/min at least twice a day. Patients assigned to the four groups. The weaning success rate was significantly better with once daily and multiple T-trials than with PSV and SIMV. PSV

was not superior to SIMV. The median duration of weaning was 5 days for SIMV, 4 days for PSV and 3 days for the T-piece regimens. The studies by Brochard *et al* and Esteban *et al* yielded two important common conclusions: first, the pace of weaning depends on the manner in which the technique is applied; and second, that SIMV is the least efficient technique of weaning. With respect to PSV and intermittent trials of T-tube, a clear superiority of one technique over the other has not yet been established..

- 4) Matic et al (2004) studied T-tube and pressure support ventilation (PSV) as two methods of weaning patients from mechanical ventilation. PSV was the superior method of weaning according to rate of successful extubation, time of weaning from mechanical ventilation, total time of mechanical ventilation, and length of hospital stay
- 5) Koh et al studied 42 weaning trials in 36 patients with respiratory failure requiring at least three days of mechanical ventilation in a medical ICU. All patients were intubated with an 8-mm endotracheal tube and managed using pressure controlled ventilation. When the primary disease process was judged to be improved and oxygenation was adequate on $\text{FiO}_2 = 0.5$, PEEP less than 6 cm H_2O , patients were switched to 15 cm H_2O PSV and

weaned to minimal pressure support (PSmin) as quickly as possible (3-5 cm H₂O per hour). PSmin was determined as peak flow rate (during spontaneous ventilation) x total respiratory system resistance on the ventilator without positive pressure. Total resistance was determined during a controlled breath. When patients were weaned to this level, they were randomized to be either extubated immediately or placed on an additional hour of T-piece breathing. If they showed signs of respiratory distress or decline in gas exchange, weaning failure was diagnosed. If this was following T-piece trial, extubation was delayed until they successfully completed the trial.

Weaning failure occurred 16 times in 14 patients out of the 42 trials performed. Therefore, 70% of the immediate extubation group remained extubated while only 55% of the T-piece group was able to complete the trial and remain extubated. This difference, however, was not statistically different. Patients who failed one method were crossed over for weaning and about half were successfully weaned using the other method. Two patients failed by both methods. Reintubation rates in the initially successful patients were identical in the two groups, 18% in the T-piece and 20% in the PSV group; noninvasive ventilation was used

in four patients to avoid reintubation. Prior to weaning, respiratory indices were not different, including: tidal volume, respiratory rate, minute ventilation, rapid shallow breathing index (spontaneous respiratory rate divided by average tidal volume), work of breathing, respiratory drive, and duration of ventilation (> 10 days). Patients were older (65 vs 55 years) in the T-piece group, had slightly higher albumin level (3.0 vs 2.7 mg%), and lower APACHE II scores (33 vs 38). However, none of these differences were reported as statistically significant. (Koh Y, et al. *J Crit Care* 2000;15:41-45.)

MATERIALS & METHODS

In our study 60 subjects was chosen (Group A-Weaning from mechanical ventilation after PSV & Group B- Weaning from mechanical ventilation after T Piece ventilation)

INCLUSION CRITERIA:

- Age : 18 years to 60 yrs
- ASA : I,II,III
- Abdominal surgery cases
- Post op cases not extubated on table
- Patients require post op invasive ventilation atleast for 12 hrs
- Who have given valid informed consent.

EXCLUSION CRITERIA:

- Not satisfying inclusion criteria.
- Patients with difficult airway
- Lack of written informed consent
- Pregnant female
- Bleeding disorder
- Poor lung compliance such as pulmonary fibrosis
- Patient refusal.

- Patients with severe cardiovascular ,respiratory, renal, hepatic diseases.
- Post-Cardiac arrest patients

Materials:

- Mechanical ventilator
- T-Piece circuit
- ABG Analyser
- Monitors – ECG, NIBP, SPO2, EtCO2.

STUDY OUTCOME MEASURES:

- Successful spontaneous breathing trial
- Successful extubation
- Extubation failure
- Inspired oxygen fraction (FiO2)
- Partial arterial oxygen pressure (PaO2)
- CO2 pressure arterial (PaCO2)
- Length of PACU stay

METHODOLOGY OF STUDY

This study was done at the Institute of Anaesthesiology and critical care, Madras Medical College between March to September 2017. The aim of this study is to evaluate the effectiveness and safety of two strategies, pressure support ventilation (PSV) and spontaneous breathing trial with T piece, for weaning adult patients undergone upper abdominal surgeries who required post operative elective mechanical ventilation for at least 12 hours, measuring weaning success and other clinically important outcomes. Patients were excluded if they have difficult airway, Pregnant female, Bleeding disorder, Poor lung compliance such as pulmonary fibrosis, Patients with severe cardiovascular, respiratory, renal, hepatic diseases, Post-Cardiac arrest patients. Patients were randomly allocated according to the computer generated sequence into two equal groups. There were no difference between Group A(PSV= 30 patients) and the group B(T-piece =30 patients) before connecting the patient to mechanical ventilator. Patients in both the groups connected to mechanical ventilator were in assisted controlled mode of ventilation (Volume control) with Fio₂-100% in a paralysed state after receiving from operation theatre. Baseline HR, SBP, DBP, ETCO₂, SPO₂ monitored. Baseline ABG sent. Analgesia with elastomeric continuous epidural infusion pump 5ml/hr (0.125 % Bupivacaine and 1mcg of

Fentanyl)started. Patient weaned to VcSIMV mode of ventilation when patient improved and started taking some spontaneous breathing efforts. When patient is taking spontaneous breathing at a regular interval with a normal rate, patients were weaned to CPAP-PSV mode of ventilation with PS-15cm H₂O.

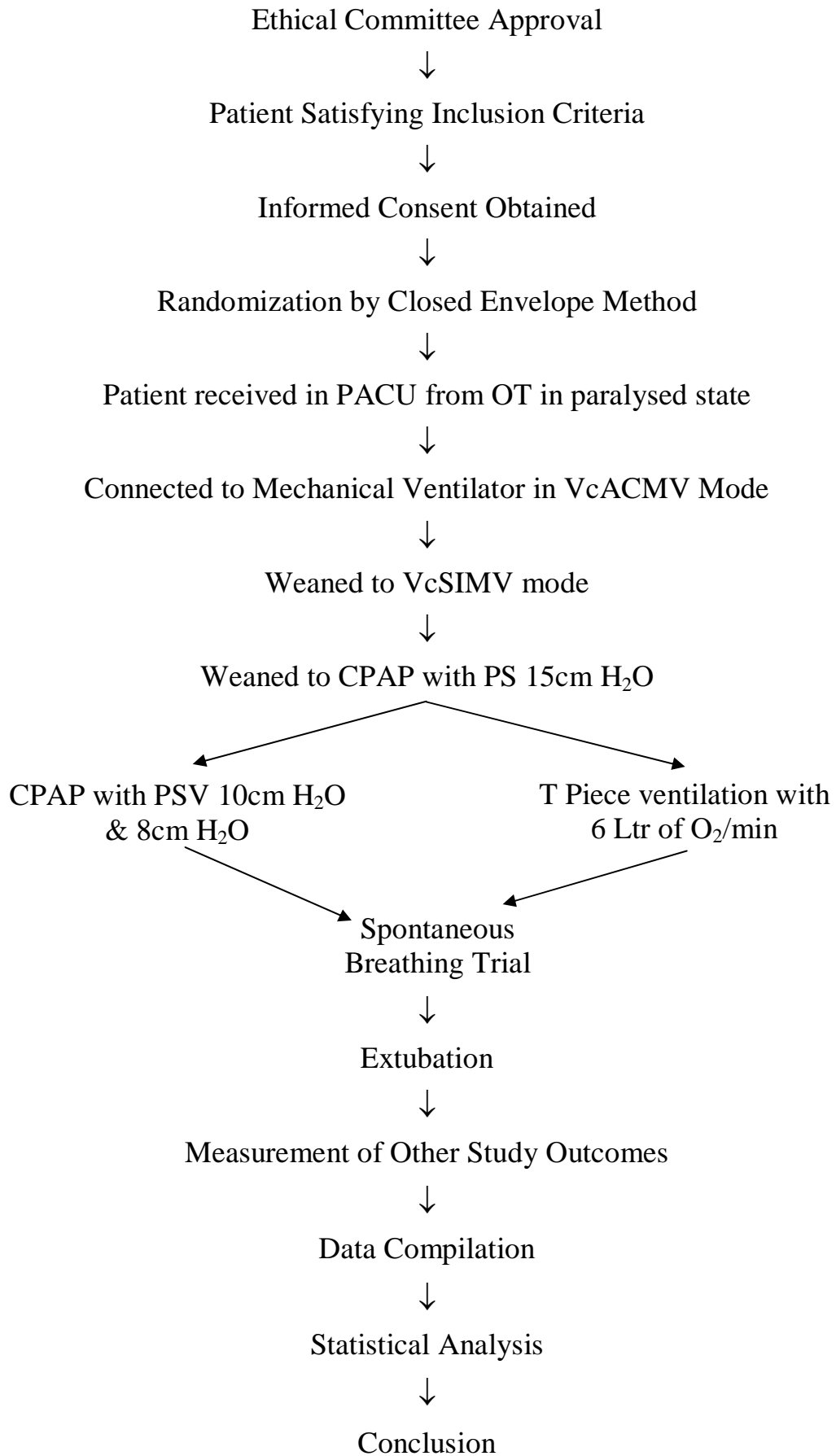
Then, first group of patients are maintained in CPAP-PSV mode, but Pressure support is decreased gradually from 15cmH₂O to 12cmH₂O, then 10cmH₂O, again to 8 cmH₂O, patient observed Spontaneous breathing trial with CPAP-PSV mode with pressure support of 8cmH₂O, analysed with hemodynamic monitoring and ABG, patient is extubated.

In the second group , patients changed from CPAP-PSV with Pressure support 15cm H₂O to Spontaneous breathing trial with T-Piece with 6 Litres of O₂/min, then the patient observed analysed with hemodynamic monitoring and ABG, patient is extubated.

Both the groups were compared

CONTINUOUS EPIDURAL INFUSION PUMP





STATISTICAL ANALYSIS

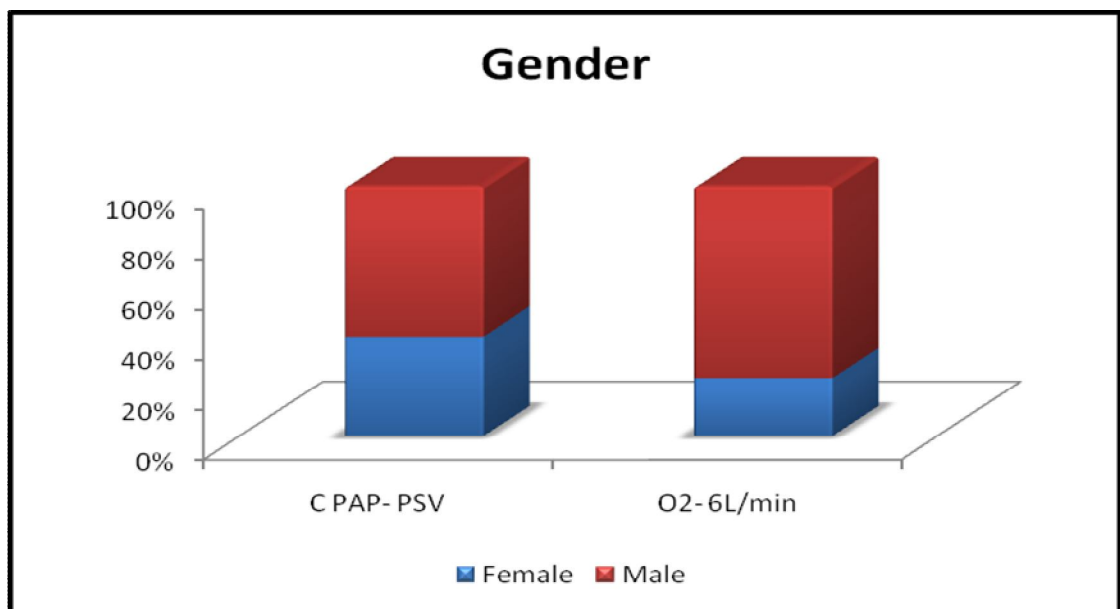
DATA ANALYSIS

The collected data were analysed with IBM.SPSS statistics software 23.0 Version. To describe about the data descriptive statistics frequency analysis, percentage analysis were used for categorical variables and the mean & S.D were used for continuous variables. To find the significant difference between the bivariate samples in Paired groups the Paired sample t-test was used & for Independent groups the Unpaired sample t-test was used. To find the significance in categorical data Chi-Square test and Fisher's Exact was used. In all the above statistical tools the probability value .05 is considered as significant level

t tests - Means: Difference between two independent means (two groups) Analysis: A priori: Compute required sample size Input: Tail(s) = Two Effect size $d = 0.74$ α err prob = 0.05 Power ($1 - \beta$ err prob) = 0.8 Allocation ratio $N2/N1 = 1$ Output: Noncentrality parameter $\delta = 2.8660077$ Critical $t = 2.0017175$ Df = 58 Sample size group 1 = 30 Sample size group 2 = 30 Total sample size = 60 Actual power = 0.8046348

DEMOGRAPHICS

	CPAP - PSV	T-Piece with O2- 6L/min
Female	40.0%	23.3%
Male	60.0%	76.7%



Sex groups

Crosstab					
			Groups		Total
			CPAP-PSV	T-Piece with O2-6L/min	
SEX	F	Count	12	7	19
		% within Groups	40.0%	23.3%	31.7%
	M	Count	18	23	41
		% within Groups	60.0%	76.7%	68.3%
Total		Count	30	30	60
		% within Groups	100.0%	100.0%	100.0%

Chi-Square Tests

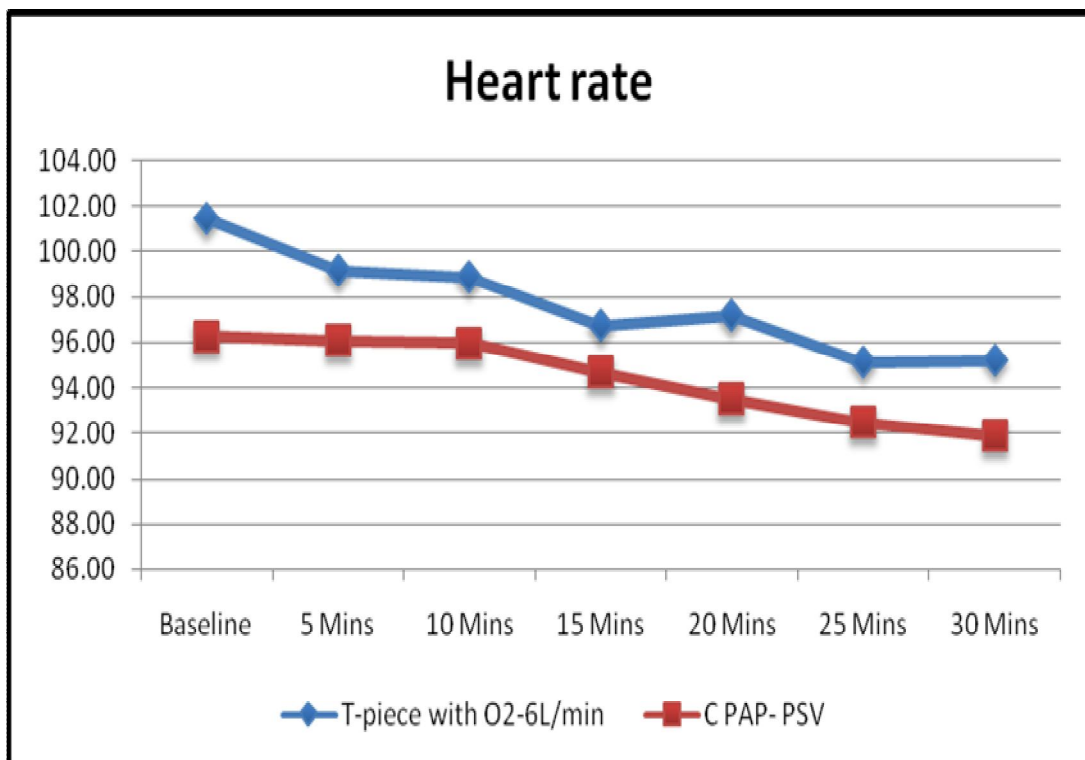
	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	1.926 ^a	1	.165		
Continuity Correction ^b	1.232	1	.267		
Likelihood Ratio	1.943	1	.163		
Fisher's Exact Test				.267	.133
N of Valid Cases	60				

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 9.50.

b. Computed only for a 2x2 table

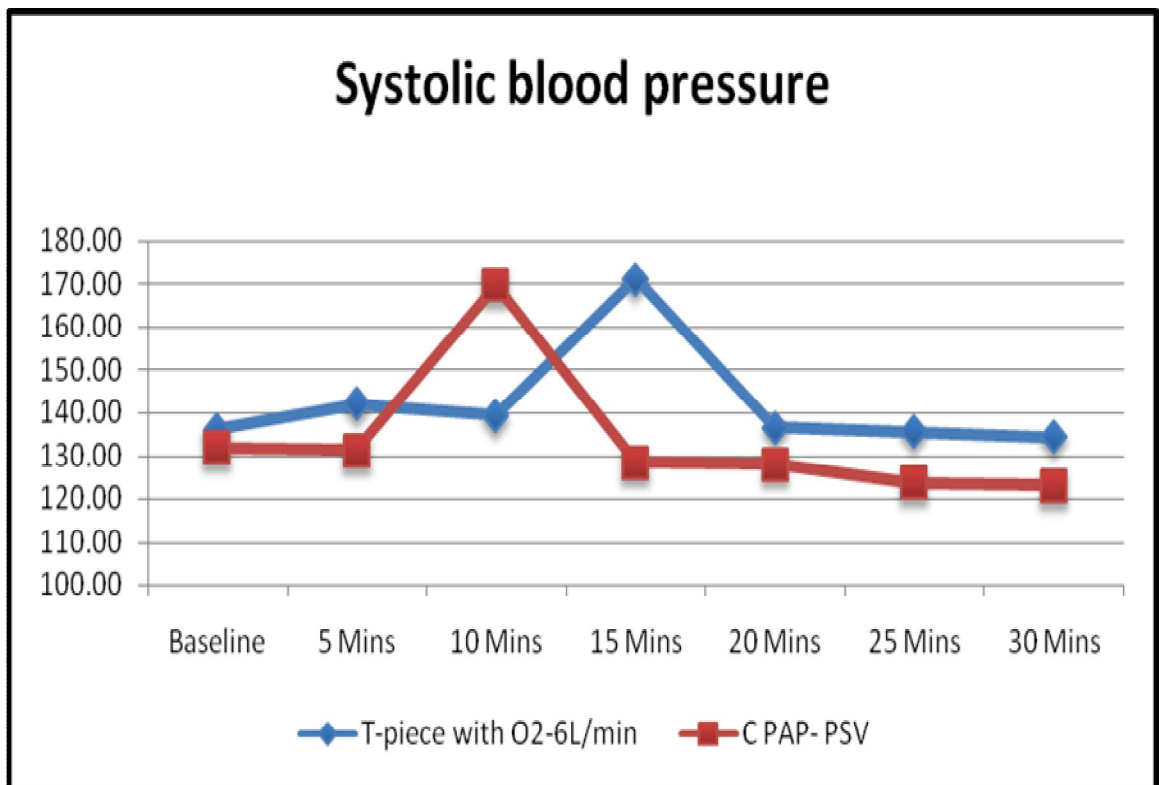
MEAN HEART RATE

	CPAP- PSV	T-piece with O2-6L/min
Baseline	96.27	101.47
5 Min	96.07	99.20
10 Min	95.97	98.90
15 Min	94.67	96.77
20 Min	93.53	97.17
25 Min	92.47	95.13
30 Min	91.90	95.23



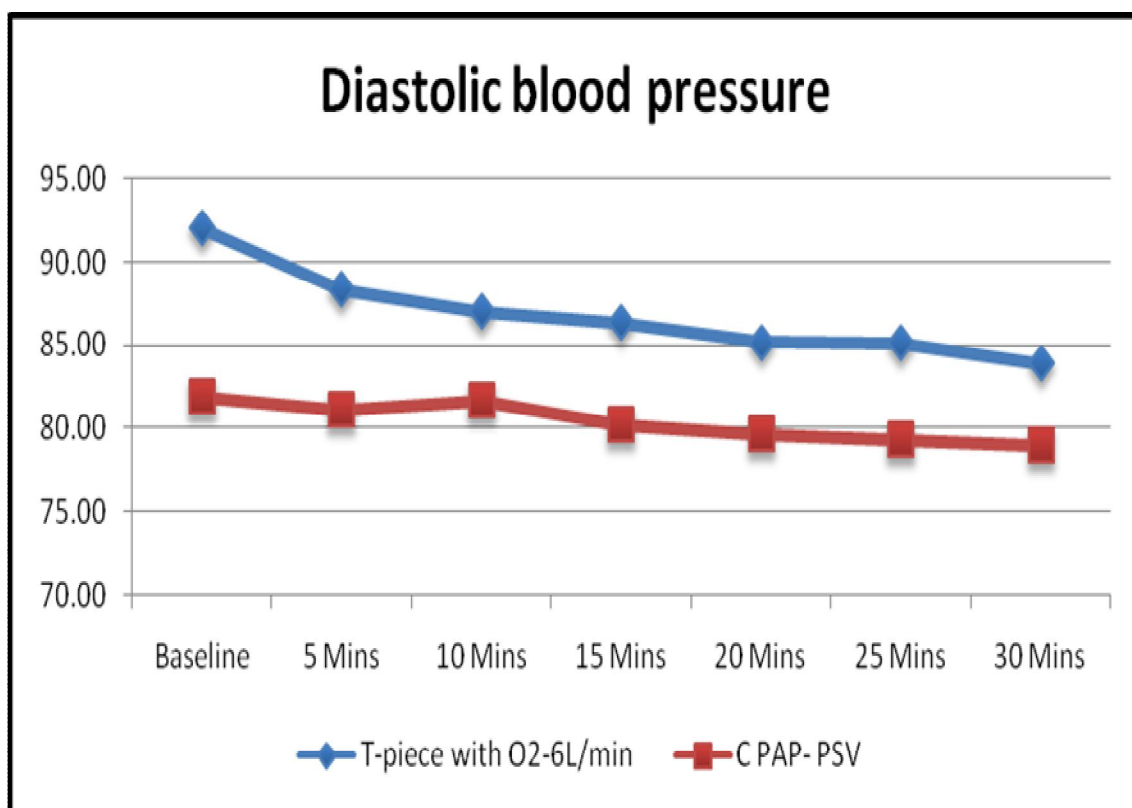
MEAN SYSTOLIC BLOOD PRESSURE

	CPAP- PSV	T-piece with O2-6L/min
Baseline	131.83	136.00
5 Min	131.13	141.90
10 Min	169.77	139.33
15 Min	128.40	171.30
20 Min	127.97	136.53
25 Min	123.67	135.43
30 Min	122.93	134.27



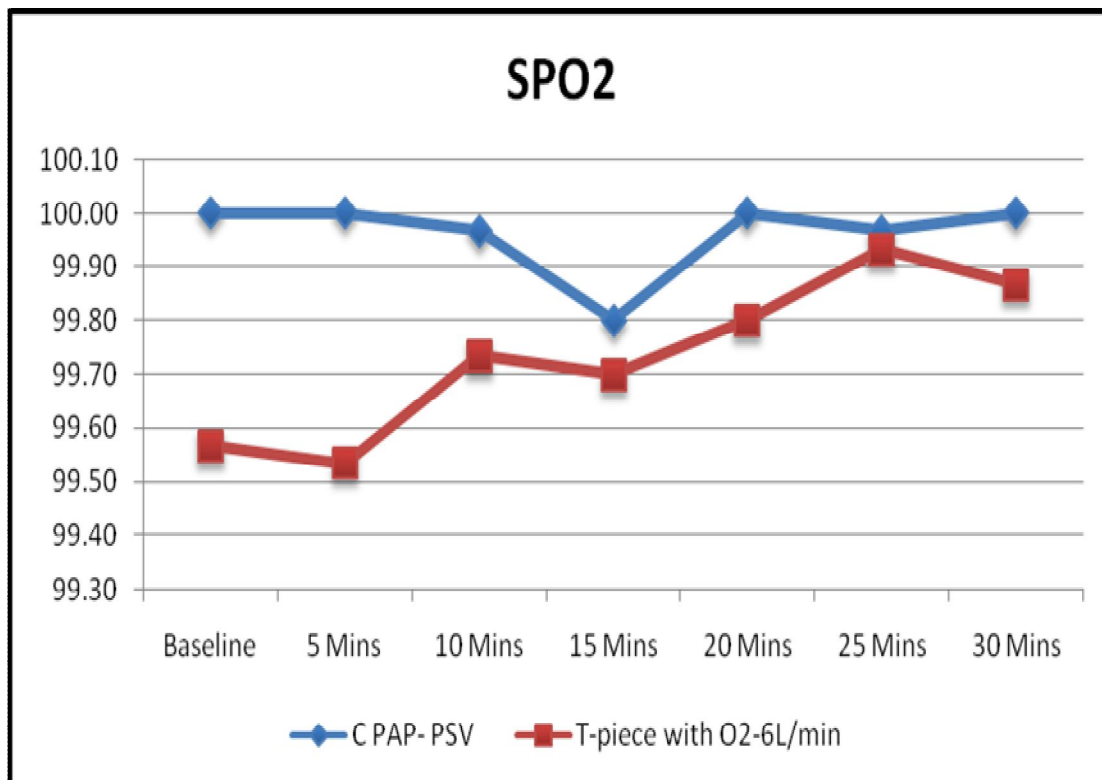
MEAN DIASTOLIC BLOOD PRESSURE

	CPAP- PSV	T-piece with O2-6L/min
Baseline	81.87	92.03
5 Min	81.13	88.40
10 Min	81.70	87.07
15 Min	80.23	86.33
20 Min	79.70	85.20
25 Min	79.37	85.10
30 Min	79.00	83.90



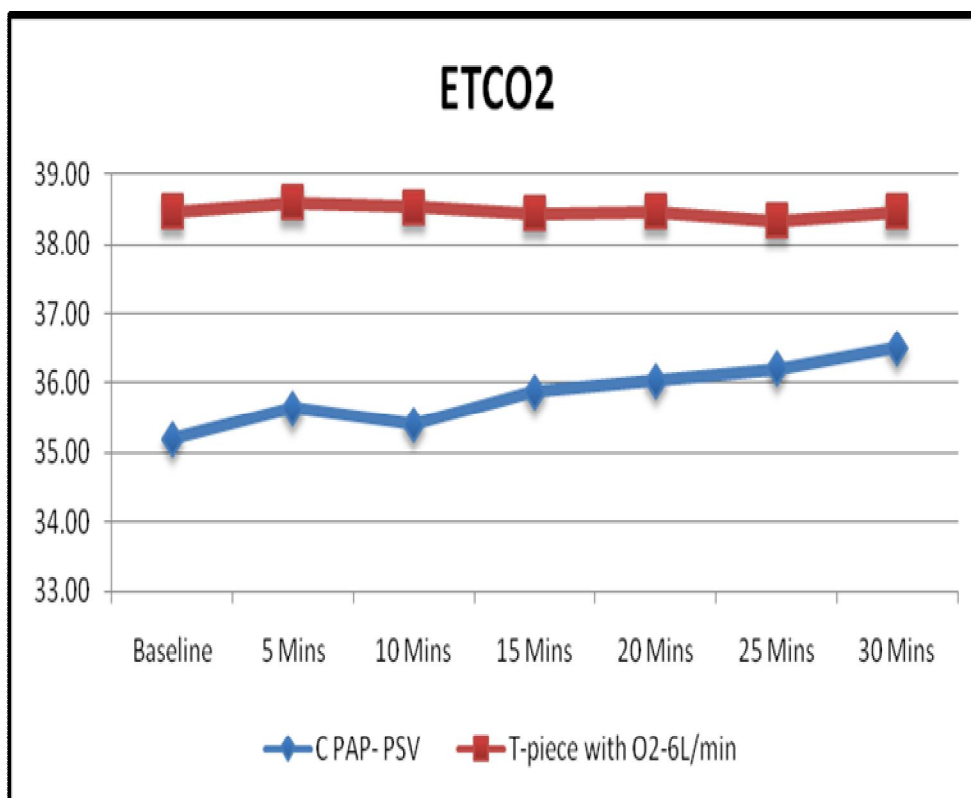
MEAN SPO2

	CPAP- PSV	T-piece with O2-6L/min
Baseline	100.00	99.57
5 Min	100.00	99.53
10 Min	99.97	99.73
15 Min	99.80	99.70
20 Min	100.00	99.80
25 Min	99.97	99.93
30 Min	100.00	99.87



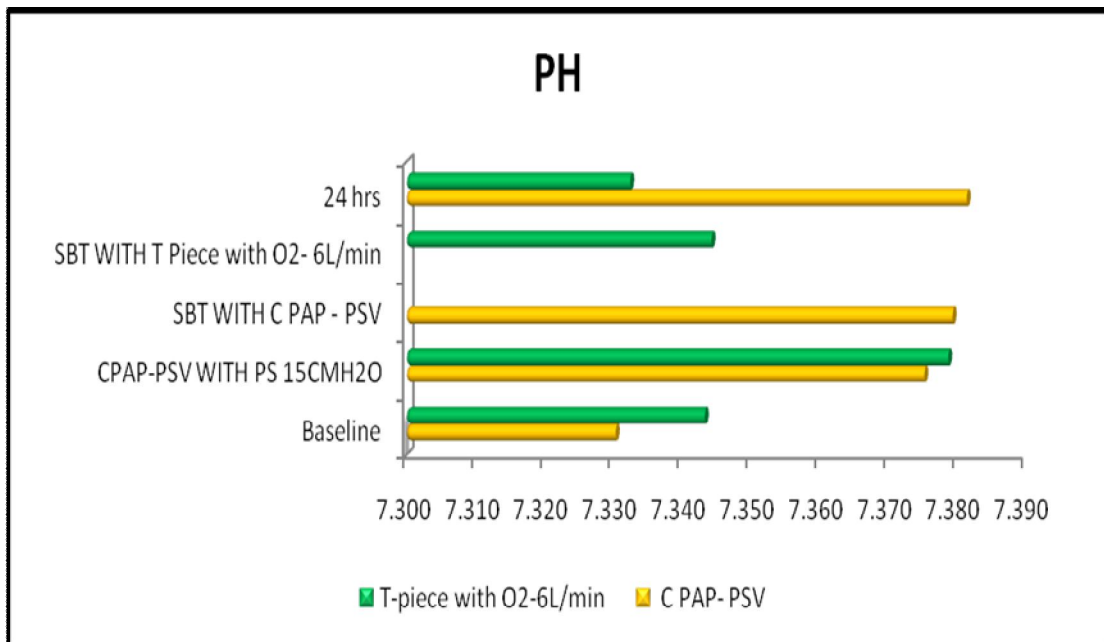
MEAN ETCO₂

	CPAP- PSV	T-piece with O ₂ -6L/min
Baseline	35.20	38.47
5 Min	35.63	38.60
10 Min	35.40	38.53
15 Min	35.87	38.43
20 Min	36.03	38.47
25 Min	36.20	38.33
30 Min	36.50	38.47



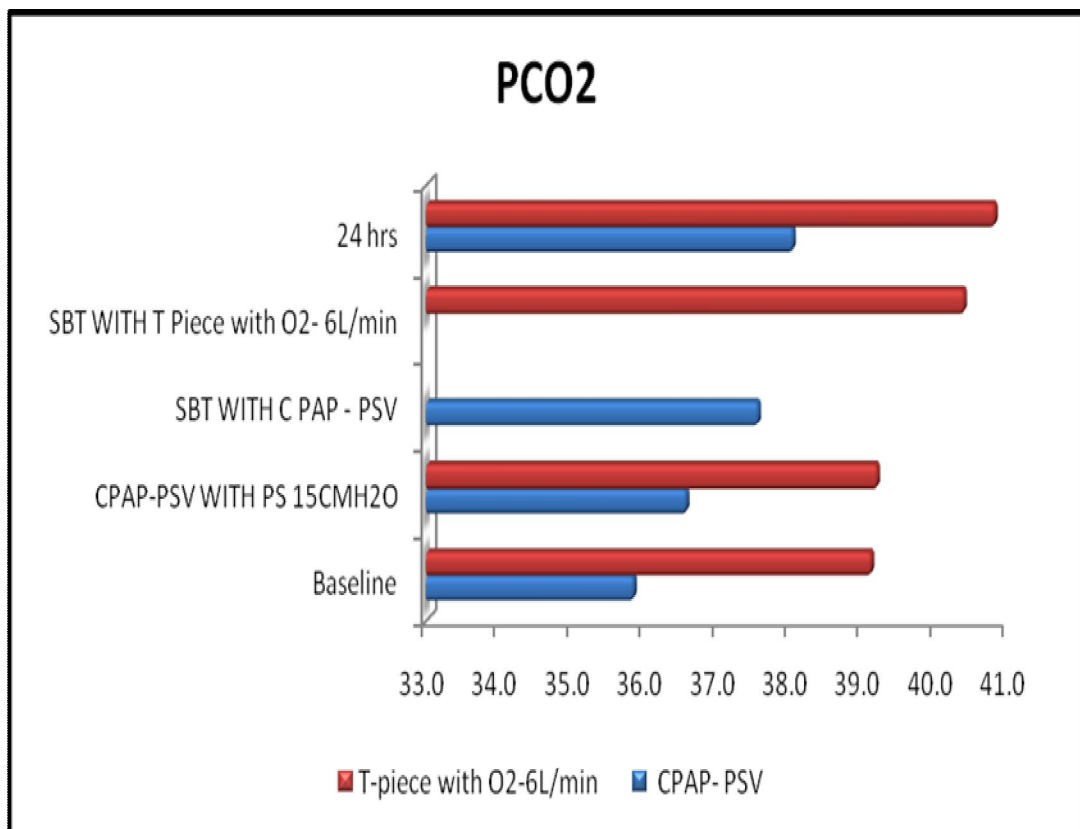
MEAN PH

	CPAP- PSV	T-piece with O2-6L/min
Baseline	7.330	7.343
CPAP-PSV WITH PS 15CMH2O	7.375	7.379
SBT WITH C PAP - PSV	7.379	
SBT WITH T Piece with O2-6L/min		7.344
24 hrs	7.382	7.333



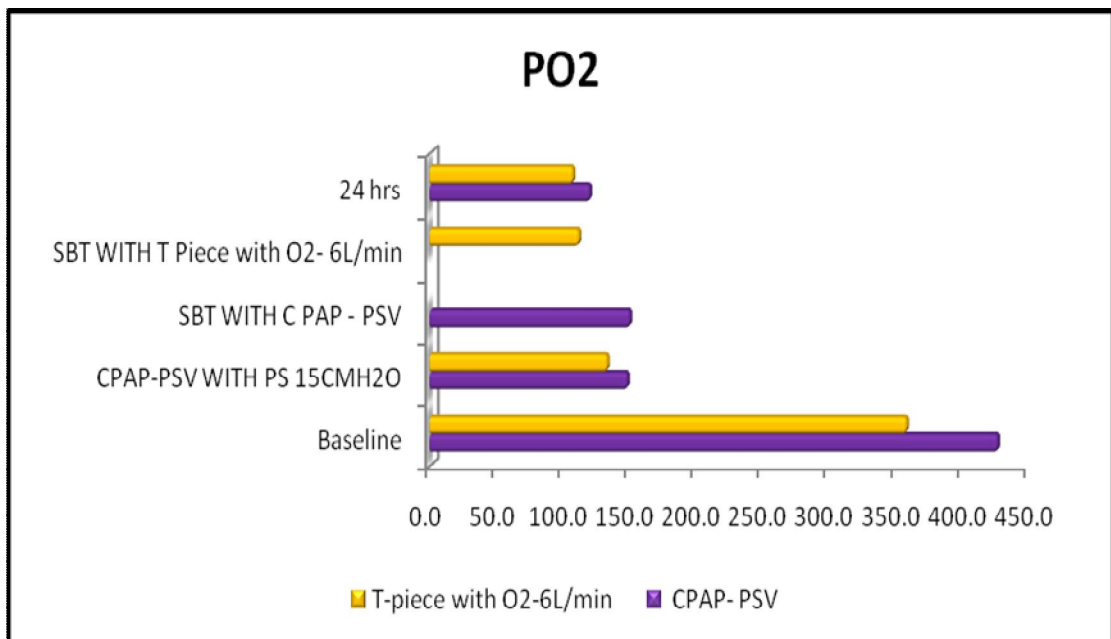
MEAN PCO2

	CPAP- PSV	T-piece with O2-6L/min
Baseline	35.9	39.1
CPAP-PSV WITH PS 15CMH2O	36.6	39.2
SBT WITH C PAP - PSV	37.6	
SBT WITH T Piece with O2- 6L/min		40.4
24 hrs	38.0	40.8



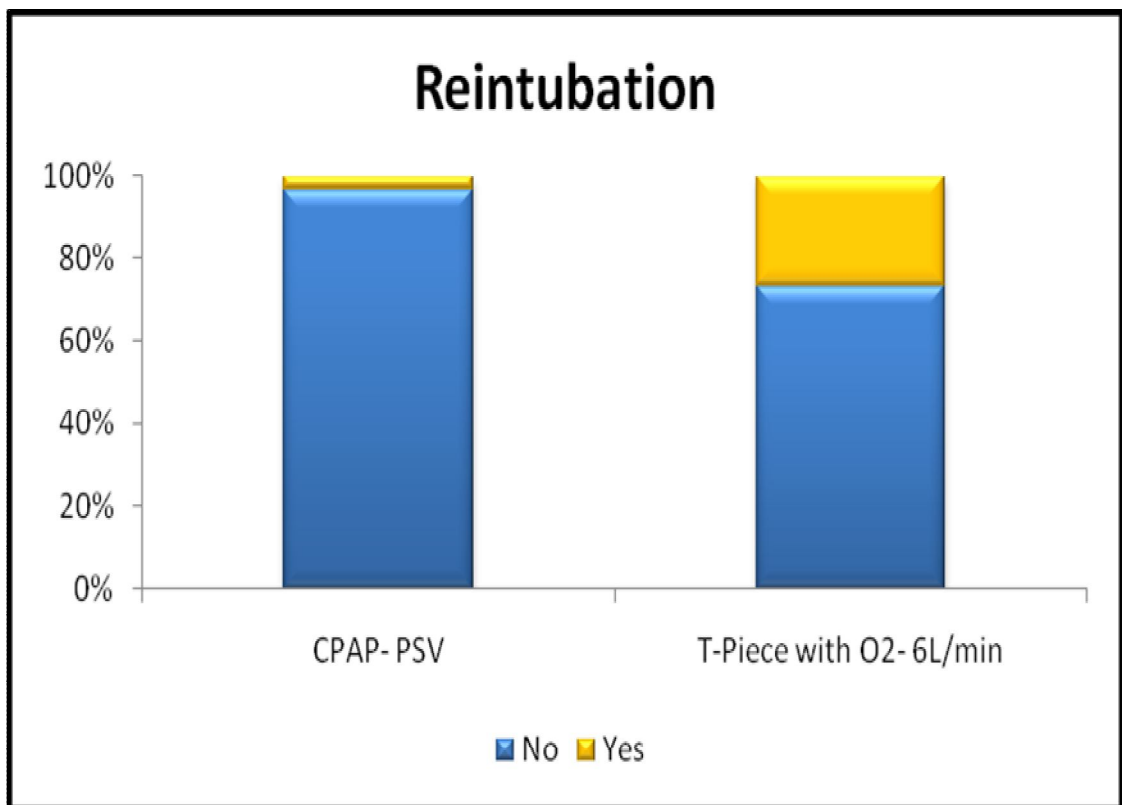
MEAN PO₂

	CPAP- PSV	T-piece with O₂-6L/min
Baseline	427.1	358.5
CPAP-PSV WITH PS 15CMH ₂ O	148.7	133.5
SBT WITH CPAP - PSV	150.4	
SBT WITH T Piece with O ₂ - 6L/min		112.1
24 hrs	120.3	107.6



RE-INTUBATION

	CPAP- PSV	T-Piece with O2-6L/min
No	96.7%	73.3%
Yes	3.3%	26.7%



Re-intubation Groups

Crosstab					
			Groups		Total
			CPAP-PSV	T-Piece with O2-6L/min	
Re-intubation	N	Count	29	22	51
		% within Groups	96.7%	73.3%	85.0%
	Y	Count	1	8	9
		% within Groups	3.3%	26.7%	15.0%
Total		Count	30	30	60
		% within Groups	100.0%	100.0%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2- sided)	Exact Sig. (2- sided)	Exact Sig. (1- sided)
Pearson	6.405 ^a	1	.011		
Chi-Square					
Continuity	4.706	1	.030		
Correction ^b					
Likelihood	7.161	1	.007		
Ratio					
Fisher's				.026	.013
Exact Test					
N of Valid	60				
Cases					

a. 2 cells (50.0%) have expected count less than 5. The minimum expected count is 4.50.

b. Computed only for a 2x2 table

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
AGE	Equal variances assumed	.061	.806	2.270	58	.027	4.800	2.114	.568	9.032
	Equal variances not assumed			2.270	57.880	.027	4.800	2.114	.568	9.032
HR 0	Equal variances assumed	.434	.512	1.395	58	.168	5.200	3.727	-2.261	12.661
	Equal variances not assumed			1.395	55.592	.169	5.200	3.727	-2.268	12.668
HR5	Equal variances assumed	.342	.561	.944	58	.349	3.133	3.319	-3.511	9.777
	Equal variances not assumed			.944	55.979	.349	3.133	3.319	-3.516	9.782
HR10	Equal variances assumed	.063	.803	.909	58	.367	2.933	3.226	-3.524	9.391
	Equal variances not assumed			.909	57.187	.367	2.933	3.226	-3.526	9.393
HR15	Equal variances assumed	.014	.907	.652	58	.517	2.100	3.223	-4.352	8.552
	Equal variances not assumed			.652	57.992	.517	2.100	3.223	-4.352	8.552
HR20	Equal variances assumed	.064	.801	1.207	58	.232	3.633	3.011	-2.394	9.661
	Equal variances not assumed			1.207	57.391	.233	3.633	3.011	-2.395	9.662

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
HR25	Equal variances assumed	.146	.703	.913	58	.365	2.667	2.921	-3.180	8.514
	Equal variances not assumed			.913	56.736	.365	2.667	2.921	-3.183	8.516
HR30	Equal variances assumed	.012	.914	1.181	58	.243	3.333	2.824	-2.319	8.985
	Equal variances not assumed			1.181	56.263	.243	3.333	2.824	-2.322	8.989
SBP0	Equal variances assumed	9.952	.003	.821	58	.415	4.167	5.076	-5.994	14.327
	Equal variances not assumed			.821	41.986	.416	4.167	5.076	-6.077	14.411
SBP5	Equal variances assumed	1.535	.220	2.812	58	.007	10.767	3.829	3.102	18.431
	Equal variances not assumed			2.812	47.995	.007	10.767	3.829	3.068	18.465
SBP10	Equal variances assumed	3.080	.085	-.754	58	.454	-30.433	40.376	-111.255	50.388
	Equal variances not assumed			-.754	29.377	.457	-30.433	40.376	-112.966	52.099
SBP15	Equal variances assumed	3.689	.060	1.283	58	.205	42.900	33.436	-24.030	109.830
	Equal variances not assumed			1.283	29.145	.210	42.900	33.436	-25.470	111.270
SBP20	Equal variances assumed	1.217	.275	2.753	58	.008	8.567	3.111	2.338	14.795

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
	Equal variances not assumed			2.753	51.653	.008	8.567	3.111	2.322	14.811
SBP25	Equal variances assumed	3.230	.078	-.767	58	.446	-28.233	36.823	-101.943	45.477
	Equal variances not assumed			-.767	29.288	.449	-28.233	36.823	-103.513	47.047
SBP30	Equal variances assumed	3.312	.074	-.779	58	.439	-28.667	36.794	-102.317	44.984
	Equal variances not assumed			-.779	29.269	.442	-28.667	36.794	-103.888	46.555
DBP0	Equal variances assumed	.054	.817	3.577	58	.001	10.167	2.842	4.477	15.856
	Equal variances not assumed			3.577	56.066	.001	10.167	2.842	4.473	15.860
DBP5	Equal variances assumed	.030	.862	2.753	58	.008	7.267	2.639	1.983	12.550
	Equal variances not assumed			2.753	57.373	.008	7.267	2.639	1.982	12.551
DBP10	Equal variances assumed	.000	.990	2.076	58	.042	5.367	2.585	.192	10.541
	Equal variances not assumed			2.076	57.410	.042	5.367	2.585	.191	10.543
DBP15	Equal variances assumed	.087	.769	2.248	58	.028	6.100	2.714	.667	11.533
	Equal variances			2.248	56.639	.029	6.100	2.714	.665	11.535

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
	not assumed									
DBP20	Equal variances assumed	.002	.962	2.240	58	.029	5.500	2.455	.585	10.415
	Equal variances not assumed			2.240	57.912	.029	5.500	2.455	.585	10.415
DBP25	Equal variances assumed	.094	.760	2.456	58	.017	5.733	2.334	1.061	10.405
	Equal variances not assumed			2.456	57.068	.017	5.733	2.334	1.060	10.407
DBP30	Equal variances assumed	.152	.698	2.217	58	.031	4.900	2.210	.475	9.325
	Equal variances not assumed			2.217	55.644	.031	4.900	2.210	.471	9.329
SPO20	Equal variances assumed	48.480	.000	2.904	58	.005	.433	.149	.135	.732
	Equal variances not assumed			2.904	29.000	.007	.433	.149	.128	.738
SPO25	Equal variances assumed	36.796	.000	2.626	58	.011	.467	.178	.111	.822
	Equal variances not assumed			2.626	29.000	.014	.467	.178	.103	.830
SPO210	Equal variances assumed	21.753	.000	2.091	58	.041	.233	.112	.010	.457
	Equal variances not assumed			2.091	34.628	.044	.233	.112	.007	.460

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
SPO215	Equal variances assumed	4.284	.043	1.001	58	.321	330.267	330.001	-330.302	990.836
	Equal variances not assumed			1.001	29.000	.325	330.267	330.001	-344.662	1005.195
SPO220	Equal variances assumed	27.885	.000	2.262	58	.027	.200	.088	.023	.377
	Equal variances not assumed			2.262	29.000	.031	.200	.088	.019	.381
SPO225	Equal variances assumed	1.396	.242	.584	58	.561	.033	.057	-.081	.148
	Equal variances not assumed			.584	52.684	.562	.033	.057	-.081	.148
SPO230	Equal variances assumed	13.404	.001	1.682	58	.098	.133	.079	-.025	.292
	Equal variances not assumed			1.682	29.000	.103	.133	.079	-.029	.295
ETCO20	Equal variances assumed	3.440	.069	-2.948	58	.005	-3.267	1.108	-5.485	-1.049
	Equal variances not assumed			-2.948	54.725	.005	-3.267	1.108	-5.488	-1.046
ETCO25	Equal variances assumed	.745	.392	-2.680	58	.010	-2.967	1.107	-5.183	-.751
	Equal variances not assumed			-2.680	56.726	.010	-2.967	1.107	-5.184	-.750
ETCO210	Equal variances	.667	.417	-2.988	58	.004	-3.133	1.049	-5.232	-1.034

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
	assumed									
	Equal variances not assumed			-2.988	57.076	.004	-3.133	1.049	-5.233	-1.034
ETCO215	Equal variances assumed	.968	.329	-2.763	58	.008	-2.567	.929	-4.426	-.707
	Equal variances not assumed			-2.763	57.140	.008	-2.567	.929	-4.427	-.706
ETCO220	Equal variances assumed	.096	.758	-2.772	58	.007	-2.433	.878	-4.191	-.676
	Equal variances not assumed			-2.772	57.710	.007	-2.433	.878	-4.191	-.676
ETCO225	Equal variances assumed	.296	.588	-2.670	58	.010	-2.133	.799	-3.733	-.534
	Equal variances not assumed			-2.670	57.189	.010	-2.133	.799	-3.733	-.533
ETCO230	Equal variances assumed	.044	.835	-2.499	58	.015	-1.967	.787	-3.542	-.391
	Equal variances not assumed			-2.499	57.885	.015	-1.967	.787	-3.542	-.391
FIO2 B	Equal variances assumed	4.291	.043	1.000	58	.321	2.000	2.000	-2.003	6.003
	Equal variances not assumed			1.000	29.000	.326	2.000	2.000	-2.090	6.090
PH B	Equal variances assumed	1.619	.208	-2.629	58	.011	-.043667	.016609	-.076912	-.010421

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
	Equal variances not assumed			-2.629	51.429	.011	-.043667	.016609	-.077003	-.010330
PCO2 B	Equal variances assumed	2.980	.090	-2.524	58	.014	-3.2733	1.2968	-5.8692	-.6774
	Equal variances not assumed			-2.524	53.749	.015	-3.2733	1.2968	-5.8736	-.6731
PO2 B	Equal variances assumed	2.914	.093	3.726	58	.000	68.600	18.412	31.744	105.456
	Equal variances not assumed			3.726	55.096	.000	68.600	18.412	31.702	105.498
PH CPAP- PSV WITH PS 15CMH2O	Equal variances assumed	7.171	.010	-.339	58	.736	-.003467	.010234	-.023952	.017019
	Equal variances not assumed			-.339	45.917	.736	-.003467	.010234	-.024067	.017134
PCO2 CPAP-PSV WITH PS 15CMH2O	Equal variances assumed	20.768	.000	-2.725	58	.008	-2.6267	.9641	-4.5565	-.6968
	Equal variances not assumed			-2.725	37.726	.010	-2.6267	.9641	-4.5788	-.6745
PO2 CPAP- PSV WITH PS 15CMH2O	Equal variances assumed	.015	.904	3.483	58	.001	15.233	4.373	6.480	23.987
	Equal variances not assumed			3.483	56.291	.001	15.233	4.373	6.474	23.993
FIO2 24	Equal variances assumed	31.605	.000	-2.344	58	.023	-3.80000	1.62110	-7.04499	-.55501
	Equal variances			-2.344	39.119	.024	-3.80000	1.62110	-7.07867	-.52133

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
	not assumed									
PH 24	Equal variances assumed	.381	.540	.531	58	.597	.003967	.007469	-.010984	.018918
	Equal variances not assumed			.531	55.903	.597	.003967	.007469	-.010996	.018930
PCO2 24	Equal variances assumed	2.860	.096	-3.321	58	.002	-2.7800	.8371	-4.4555	-1.1045
	Equal variances not assumed			-3.321	55.740	.002	-2.7800	.8371	-4.4570	-1.1030
PO2 24	Equal variances assumed	1.928	.170	4.116	58	.000	12.700	3.085	6.524	18.876
	Equal variances not assumed			4.116	55.044	.000	12.700	3.085	6.517	18.883
Duration of MV	Equal variances assumed	3.159	.081	-3.980	58	.000	-386.700	97.150	-581.168	-192.232
	Equal variances not assumed			-3.980	46.078	.000	-386.700	97.150	-582.245	-191.155

GROUP STATISTICS

Groups		N	Mean	Std. Deviation	Std. Error Mean
AGE	C PAP- PSV	30	51.63	8.373	1.529
	T-Piece	30	46.83	8.000	1.461
HR 0	T-Piece	30	101.47	15.867	2.897
	C PAP- PSV	30	96.27	12.846	2.345
HR5	T-Piece	30	99.20	14.023	2.560
	C PAP- PSV	30	96.07	11.570	2.112
HR10	T-Piece	30	98.90	13.218	2.413
	C PAP- PSV	30	95.97	11.725	2.141
HR15	T-Piece	30	96.77	12.555	2.292
	C PAP- PSV	30	94.67	12.411	2.266
HR20	T-Piece	30	97.17	12.248	2.236
	C PAP- PSV	30	93.53	11.045	2.016
HR25	T-Piece	30	95.13	12.128	2.214
	C PAP- PSV	30	92.47	10.434	1.905
HR30	T-Piece	30	95.23	11.857	2.165
	C PAP- PSV	30	91.90	9.929	1.813
SBP0	T-Piece	30	136.00	25.003	4.565
	C PAP- PSV	30	131.83	12.157	2.220
SBP5	T-Piece	30	141.90	17.897	3.268
	C PAP- PSV	30	131.13	10.932	1.996
SBP10	T-Piece	30	139.33	17.773	3.245
	C PAP- PSV	30	169.77	220.433	40.245
SBP15	T-Piece	30	171.30	182.909	33.395
	C PAP- PSV	30	128.40	9.160	1.672
SBP20	T-Piece	30	136.53	14.004	2.557
	C PAP- PSV	30	127.97	9.711	1.773
SBP25	T-Piece	30	135.43	14.178	2.589
	C PAP- PSV	30	123.67	9.102	36.732
SBP30	T-Piece	30	134.27	13.696	2.501
	C PAP- PSV	30	122.93	9.078	36.709
DBP0	T-Piece	30	92.03	11.987	2.189
	C PAP- PSV	30	81.87	9.933	1.814
DBP5	T-Piece	30	88.40	10.743	1.961
	C PAP- PSV	30	81.13	9.673	1.766

Groups		N	Mean	Std. Deviation	Std. Error Mean
DBP10	T-Piece	30	87.07	10.508	1.918
	C PAP- PSV	30	81.70	9.491	1.733
DBP15	T-Piece	30	86.33	11.296	2.062
	C PAP- PSV	30	80.23	9.662	1.764
DBP20	T-Piece	30	85.20	9.693	1.770
	C PAP- PSV	30	79.70	9.322	1.702
DBP25	T-Piece	30	85.10	9.600	1.753
	C PAP- PSV	30	79.37	8.442	1.541
DBP30	T-Piece	30	83.90	9.400	1.716
	C PAP- PSV	30	79.00	7.629	1.393
SPO20	C PAP- PSV	30	100.00	0.000	0.000
	T-Piece	30	99.57	.817	.149
SPO25	C PAP- PSV	30	100.00	0.000	0.000
	T-Piece	30	99.53	.973	.178
SPO210	C PAP- PSV	30	99.97	.183	.033
	T-Piece	30	99.73	.583	.106
SPO215	C PAP- PSV	30	99.80	0.484	0.088
	T-Piece	30	99.70	.651	.119
SPO220	C PAP- PSV	30	100.00	0.000	0.000
	T-Piece	30	99.80	.484	.088
SPO225	C PAP- PSV	30	99.97	.183	.033
	T-Piece	30	99.93	.254	.046
SPO230	C PAP- PSV	30	100.00	0.000	0.000
	T-Piece	30	99.87	.434	.079
ETCO20	C PAP- PSV	30	35.20	4.788	.874
	T-Piece	30	38.47	3.730	.681
ETCO25	C PAP- PSV	30	35.63	4.597	.839
	T-Piece	30	38.60	3.953	.722
ETCO210	C PAP- PSV	30	35.40	4.312	.787
	T-Piece	30	38.53	3.794	.693
ETCO215	C PAP- PSV	30	35.87	3.812	.696
	T-Piece	30	38.43	3.370	.615
ETCO220	C PAP- PSV	30	36.03	3.518	.642
	T-Piece	30	38.47	3.277	.598
ETCO225	C PAP- PSV	30	36.20	3.274	.598
	T-Piece	30	38.33	2.905	.530
ETCO230	C PAP- PSV	30	36.50	3.116	.569
	T-Piece	30	38.47	2.980	.544

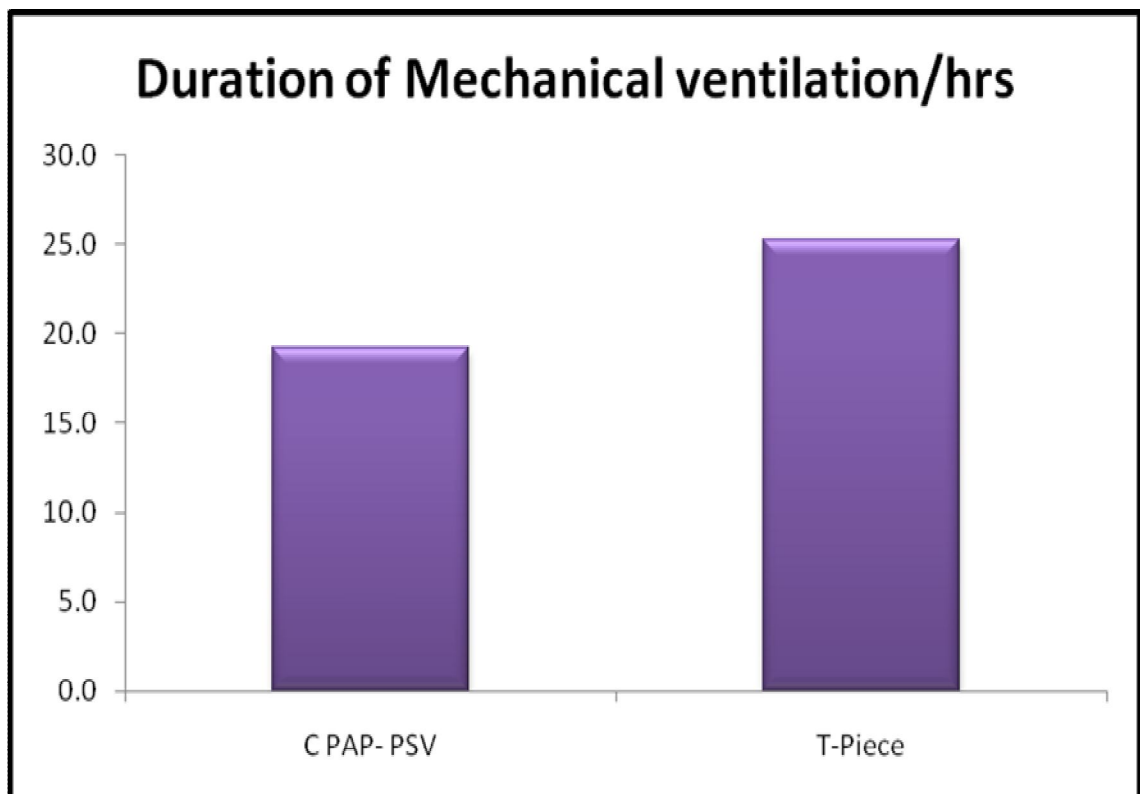
Groups		N	Mean	Std. Deviation	Std. Error Mean
FIO2 B	C PAP-PSV	30	100.00	0.000	0.000
	T-Piece	30	98.00	10.954	2.000
PH B	C PAP-PSV	30	7.33047	.074944	.013683
	T-Piece	30	7.37413	.051563	.009414
PCO2 B	C PAP-PSV	30	35.853	5.6852	1.0380
	T-Piece	30	39.127	4.2582	.7774
PO2 B	C PAP-PSV	30	427.13	62.592	11.428
	T-Piece	30	358.53	79.074	14.437
FIO2 CPAP-PSV WITH PS 15CMH2O	C PAP-PSV	30	40.000	.0000 ^a	0.0000
	T-Piece	30	40.000	.0000 ^a	0.0000
PH CPAP-PSV WITH PS 15CMH2O	C PAP-PSV	30	7.37537	.048753	.008901
	T-Piece	30	7.37883	.027661	.005050
PCO2 CPAP-PSV WITH PS 15CMH2O	C PAP-PSV	30	36.580	4.9155	.8974
	T-Piece	30	39.207	1.9291	.3522
PO2 CPAP-PSV WITH PS 15CMH2O	C PAP-PSV	30	148.70	18.353	3.351
	T-Piece	30	133.47	15.391	2.810
FIO2 24	C PAP-PSV	30	21.6333	3.46891	.63333
	T-Piece	30	25.4333	8.17348	1.49227
PH 24	C PAP-PSV	30	7.38153	.025976	.004743
	T-Piece	30	7.37757	.031605	.005770
PCO2 24	C PAP-PSV	30	38.047	3.5533	.6487
	T-Piece	30	40.827	2.8972	.5290

Groups		N	Mean	Std. Deviation	Std. Error Mean
PO2 24	C PAP-PSV	30	120.30	13.262	2.421
	T-Piece	30	107.60	10.474	1.912
Duration of MV	C PAP-PSV	30	19.2	4.390	
	T-Piece	30	25.3	8.100	

a. t cannot be computed because the standard deviations of both groups are 0.

DURATION OF MECHANICAL VENTILATION

Groups		N	Mean	Std. Deviation	Std. Error Mean
Duration of MV	C PAP- PSV	30	19.2	9.67665	
	T-Piece	30	25.3	18.100	



Descriptive

Groups = CPAP- PSV

Descriptive Statistics^a

	N	Minimum	Maximum	Mean	Std. Deviation
FIO2 SBT WITH C PAP - PSV	30	40.0	40.0	40.000	0.0000
PH SBT WITH C PAP - PSV	30	7.361	7.450	7.41947	.034567
PCO2 SBT WITH C PAP - PSV	30	37.1	44.86	41.567	4.7324
PO2 SBT WITH C PAP - PSV	30	125	193	150.43	9.195

a. Groups = C PAP- PSV

Descriptive Statistics^a

Groups = T-Piece with O2- 6L/min

	N	Minimum	Maximum	Mean	Std. Deviation
FIO2 SBT WITH T Piece with O2- 6L/min	30	28.00	28.00	28.0000	0.00000
PH SBT WITH T Piece with O2- 6L/min	30	7.322	7.432	7.36940	12.16714
PCO2 SBT WITH T Piece with O2- 6L/min	30	33.40	49.10	46.4033	9.67665
PO2 SBT WITH T Piece with O2- 6L/min	30	82	126	112.07	16.858
a. Groups = T-piece with O2- 6L/min					

DISCUSSION

A prospective randomised controlled study to compare the efficacy and safety of Weaning of adult patients by T piece ventilation and pressure support ventilation in PACU who have undergone elective upper abdominal surgeries

CPAP-PSV :

It is **PEEP** applied to the airway of the *Spontaneously breathing* patients. Pressure support ventilation is used to reduce the elastic and non elastic airflow resistance, to augment the spontaneous tidal volume. Resulting spontaneous tidal volume is directly proportional to the pressure support level. It helps in improving oxygenation in patients with refractory hypoxemia and a low FRC. CPAP settings are adjusted to provide the better oxygenation with the lowest positive pressure and the lowest FiO₂

Advantages :

- Ventilator can monitor the patient's breathing and activate an alarm if something undesirable occurs

T-piece with O₂ - 6L/min

T-piece assist in weaning a patient from ventilator. T Piece deliver humidified oxygen to a long term ventilated patient who is being weaned from ventilator. In T piece inhaled gas is delivered at a high flow rate

In our study the demographic profile was comparable with the respective mean age, body weight and ASA physical status. Patients were randomised into two groups, group-A weaned and extubated after CPAP-PSV and group-B weaned and extubated after T-piece with O₂-6L/min. Hemodynamic parameters like heart rate, systolic, diastolic blood pressure, EtCO₂, ABG, time to wean, extubation failure, Reintubation, were monitored.

1. Patients in group-A have a stable heart rate compared with group – B having increased in heart rate in the process of weaning and observation during post extubation period for 24 hrs. This difference in diastolic blood or 24 hrs. This difference in heart rate between the two groups was statistically significant($p<0.05$).
2. Patients in group-A have a normal range of systolic blood pressure compared with group-B having increased systolic blood pressure during weaning from ventilator and observation during post

extubation period for 24 hrs. This difference in systolic blood pressure between the two groups was statistically significant($p<0.05$).

3. Patients in group-A have a normal range of diastolic blood pressure compared with group-B having increased diastolic blood pressure during weaning from ventilator and observation during extubation period for 24 hrs. This difference in systolic blood pressure between the two groups was statistically significant($p<0.05$).
4. Patients in group-A have a good saturation ($>99\%$) compared with group-B having low saturation ($<99\%$) during weaning from ventilator and observation during post extubation period for 24 hrs. This difference in saturation between the two groups was statistically significant($p<0.05$).
5. Patients in group-A have a normal range of ETCO₂ compared with group-B having increased ETCO₂ during weaning from ventilator and observation during post extubation period for 24 hrs. This difference in ETCO₂ between the two groups was statistically significant($p<0.05$).
6. Patients in group-A have a less spontaneous breathing trial failure compared with group-B having high spontaneous breathing trial failure during weaning from ventilator . This difference in

spontaneous breathing trial failure between the two groups was statistically significant($p<0.05$).

7. Patients in group-A have a normal range of PH compared with group-B moving towards acidotic side during weaning from ventilator and observation during post extubation period for 24 hrs. The results were Mean PH in group A was 7.41947 with SD of 0.034567 and in group B mean PH was 7.36940 with SD of 12.09 which was found to be statistically significant. This difference in PH between the two groups was statistically significant($p<0.05$)
8. Patients in group-A have a normal range of PaO₂ compared with group-B having decreased PaO₂ during weaning from ventilator and observation during post extubation period for 24 hrs. The results were Mean PaO₂ in group A was 150.43 with SD of 9.195 and in group B mean PaO₂ was 112.07 with SD of 16.858 which was found to be statistically significant. This difference in PaO₂ between the two groups was statistically significant($p<0.05$)
9. Patients in group-A have a normal range of PaCO₂ compared with group-B having increased PaCO₂ during weaning from ventilator and observation during post extubation period for 24 hrs. The results were Mean PaCO₂ in group A was 41.5667 with SD of 4.7324 and in group

B mean PaCO₂ was 46.4033 with SD of 9.67665 which was found to be statistically significant. This difference in PaCO₂ between the two groups was statistically significant ($p < 0.05$).

10. Patients in group-A have less duration of mechanical ventilation and had early extubation compared with group-B having increased duration of mechanical ventilation and delayed extubation. The results were Mean duration of MV in group A was 19.2 hours with SD of 9.67665 and in group B mean PH was 25.3 hours SD of 18.100 which was found to be statistically significant. This difference in duration of mechanical ventilation between the two groups was statistically significant ($p < 0.05$).

11. Patients in group-A have a very less incidence of Reintubation compared with group-B having increased incidence of Reintubation during post extubation period for 24 hrs. The results were Mean reintubation in group A was 3.3% with SD 3.561 and in group B mean reintubation was 26.6% with SD 17.2234 which was found to be statistically significant. This difference in Reintubation between the two groups was statistically significant ($p < 0.05$).

SUMMARY

Weaning is a process of withdrawing mechanical ventilator support and transferring work of breathing from mechanical ventilator to patient.

This study was conducted to evaluate the effectiveness and safety of two strategies, a pressure support ventilation (PSV) and spontaneous breathing trial with T piece, for weaning adult patients undergone upper abdominal surgeries who required post operative elective mechanical ventilation for at least 12 hours, measuring weaning success and other clinically important outcomes.

The following observations were made:

- Mean heart rate was lower in PSV group than T piece group which was statistically significant.
- Mean systolic blood pressure was lower in PSV group than T piece group which was statistically significant.
- Mean diastolic blood pressure was lower in PSV group than T piece group which was statistically significant.
- Mean SPO₂ was better in PSV group than T piece group which was statistically significant.

- Mean ETCO₂ was lower in PSV group than T piece group which was statistically significant.
- Mean PH was better in PSV group than T piece group which was statistically significant.
- Mean PaO₂ was higher in PSV group than T piece group which was statistically significant.
- Mean PaCO₂ was lower in PSV group than T piece group which was statistically significant.
- Mean duration of Mechanical ventilation was lower in PSV group than T piece group which was statistically significant.
- Reintubation was lower in PSV group than T piece group which was statistically significant.

CONCLUSION

From my study, I conclude that weaning the patients from mechanical ventilator who have undergone upper abdominal surgeries can be done by Pressure support ventilation or by T piece with O₂-6L/min. Considering the better hemodynamic stability, gas analysis, less duration of mechanical ventilation, lesser incidence of reintubation, I conclude pressure support ventilation is superior in weaning the patient from mechanical ventilator than T-piece ventilation

BIBLIOGRAPHY

1. Ladeira MT, Vital FMR, Andriolo RB, Andriolo BNG, Atallah ÁN, Peccin MS. Pressure support versus T-tube for weaning from mechanical ventilation in adults. Cochrane Database of Systematic Reviews 2014, Issue 5. Art. No.: CD006056.DOI: 10.1002/14651858.CD006056.pub2.
2. Esteban A, Alía I, Gordo F, *et al*: *Extubation outcome after spontaneous breathing trials with T-tube or pressure support ventilation. Am J Respir Crit Care Med* 1997, 156:459–465.
3. Jones DP, Byrne P, Morgan C, Fraser I, Hyland R: Positive end-expiratory pressure vs T-piece. Extubation after mechanical ventilation. *Chest* 1991, 100:1655–1659.
4. Brochard 1994 {published data only} * Brochard L, Rauss A, Benito S, Conti G, Mancebo J, Rekik N, *et al*. Comparison of three methods of gradual withdrawal from ventilatory support during weaning from mechanical ventilation. *American Journal of Respiratory and Critical Care Medicine* 1994;150:896–903. MEDLINE: 7921460
5. Esteban 1995 {published data only} Esteban A, Frutos F, Tobin MJ, Alía I, Solsona JF, Valverdú I, *et al*. A comparison of four methods of weaning patients from mechanical ventilation. *New England Journal of Medicine* 1995;332(6):345–50. MEDLINE: 7823995
6. Esteban 1997 {published data only} * Esteban A, Alia I, Gordo F, Fernandez R, Solsona JF, Vallverdu I, *et al*. Extubation outcome after spontaneous breathing trials with t-tube or

- pressure support ventilation. *American Journal of Respiratory and Critical Care Medicine* 1999;159:512–8. MEDLINE: 9279224
7. Haberthur 2002 {published data only} Haberthür C, Mols G, Elsasser S, Bingisser R, Stocker R, Guttman J. Extubation after breathing trials with automatic tube compensation, T-tube, or pressure support ventilation. *Acta Anaesthesiologica Scandinavica* 2002;46(8): 973–9. MEDLINE: 12190798
 8. Koh 2000 {published data only} Koh Y, Hong SB, Lim CM, Lee SD, Kim WS, Kim DS, Kim WD. Effect of an additional 1-hour T-piece trial on weaning outcome at minimal pressure support. *Journal of Critical Care* 2000;15(2):41–5. [PUBMED: 10877363]
 9. Koksai 2004 {published data only} Koksai GM, Sayilgan C, Sen O, Oz H. The effects of different weaning modes on the endocrine stress response. *Critical Care* 2004;8(1):31–4. MEDLINE: 14975052
 10. Mati 2004 {published data only} Mati I, Majeri -Kogler V. Comparison of pressure support and t-tube weaning from mechanical ventilation: Randomized prospective study. *Croatian Medical Journal* 2004;45(2):162–6. MEDLINE: 15103752
 11. Mati 2007 {published data only} Mati I, Davorin D, Majeri -Kogler V, Jurjevi M, Mirkovi I, Vucini NM. Chronic obstructive pulmonary disease and weaning of difficult-to-wean patients from mechanical ventilation: Randomized prospective

study. Croatian Medical Journal 2007;48(1):51–8. [PUBMED: 17309139]

12. Vitacca 2001 {published data only} Vitacca M, Vianello A, Colombo D, Clini E, Porta R, Bianchi L, et al. Comparison of two methods for weaning patients with chronic obstructive pulmonary disease requiring mechanical ventilation for more than 15 days. American Journal of Respiratory and Critical Care Medicine 2001;164(2):225–30. MEDLINE: 11463592
13. Cabello 2010 {published data only} * Cabello B, Thille A, Roche-Campo F, Brochard L, Gómez F, Mancebo J. Physiological comparison of three spontaneous breathing trials in difficult-to-wean patients. Intensive Care Medicine 2010;36:1171–9. [DOI: 101007/ s00134-010-1870-0]
14. Colombo 2007 {published data only} * Colombo T, Boldrini AF, Juliano S, Juliano M, Houly J, Gebara O, et al. Implementation, assessment and comparison of the T-tube and pressure- support weaning protocols applied to the intensive care unit patients who had received mechanical ventilation for more than 48 hours
15. Costa 2005 {published data only} Costa A, Rieder M, Vieira S. Weaning from mechanical ventilation by using pressure support or T-tube ventilation. Comparison between patients with and without heart disease
16. Emmerich 1997 {published data only} Emmerich J, Vicêncio S, Siqueira H, Simão A, Bernhoeft C, Souza W. A comparison among three methods of weaning ventilatory support: T-piece

versus S-IMV versus PSV [Estudo comparativo entre três modalidades de desmame do suporte ventilatório: tradicional (tubo em “T”) versus S-IML versus PSV]. *Revista Brasileira de Terapia Intensiva* 1997;9(4):167–74.

17. Esteban 1999 {published data only} Esteban A, Alía I, Tobin MJ, Gil A, Gordo F, Vallverdú I, et al. Effect of spontaneous breathing trial duration on outcome of attempts to discontinue mechanical ventilation. Spanish Lung Failure Collaborative Group. *American Journal of Respiratory and Critical Care Medicine* 1999;159 (2):512–8. MEDLINE: 9927366
18. Figueiredo 2001 {unpublished data only} Figueiredo LC. Comparison of two weaning methods in uncomplicated coronary artery bypass grafting postoperative patients (MD Thesis)]. Biblioteca Central da Unicamp 2001.
19. Goldwasser 1998 {published and unpublished data} * Goldwasser R. Study on the effectiveness of two different tolerance tests on weaning from mechanical ventilation, for predicting the success of extubation in patients with chronic obstructive pulmonary disease. Universidade Federal do Rio de Janeiro. Rio de Janeiro, 1998:88p.
20. Guntzel 2007 {published data only} Gntzel A, Moraes R, Chiappa Z, Ferlin E, Vieira S. The effect of T-tube and Pressure Support on Cardiorespiratory Variables and Heart Rate Variability during Weaning from Mechanical Ventilation The effect of T-tube and pressure support on cardiorespiratory variables and heart rate variability during weaning from

mechanical ventilation (thesis). Porto Alegre: Porto Alegre University, 2007:1–84.

21. Kuhlen 2003 {published data only} Kuhlen R, Max M, Dembinski R, Terbeck S, Jürgens E, Rossaint R. Breathing pattern and workload during automatic tube compensation, pressure support and T-piece trials in weaning patients [2003]. *European Journal Anaesthesiology* 2003;20(1):10–6. MEDLINE: 12553382
22. Niembro 1996 {published data only} * Niembro R, Liendo A, Fisher R, Lopez J, Granillo J, Gonzáles J, et al. Comparison of T piece vs pressure support ventilation during weaning from mechanical ventilation [Pieza T vs ventilación con presión de soporte como método de retiro de la asistencia mecánica ventilatoria]. *Revista de la Asociación Mexicana de Medicina Critica y Terapia Intensiva* 1996;10(6):254–8. [LILACS ID: 187834]
23. Patel 1996 {published data only} Patel R, Petrini M, Norman J. Work of breathing and pressure-time product on pressure support ventilation, continuous positive airway pressure, and T-piece. *Respiratory Care* 1996;41(11):1013–9.
24. Perren 2002 {published data only} Perren A, Domenighetti G, Mauri S, Genini F, Vizzardi N. Protocol-directed weaning from mechanical ventilation: clinical outcome in patients randomized for a 30-min or 120-min trial with pressure support ventilation. *Intensive Care Medicine* 2002;28(8):1058–63. MEDLINE: 12185425

25. Rieder 2004 {published data only} * Rieder M, Costa A, Vieira S. Positive expiratory pressure as a method for mechanical ventilation weaning: a comparison between the pressure support and T-tube methods CAPES thesis data 2004.
26. Santos 2008 {published data only} * Santos L, Hoff F, Kaufmann M, Condessa R, Vieira S. Energy expenditure in weaning from mechanical ventilation Universidade Federal do Rio Grande do Sul. Porto Alegre, 2008:89p.
27. Sassoon 1991 {published data only} Sassoon C, Light R, Lodia R, Sieck G, Mahutte K. Pressure-time product during continuous positive airway pressure, pressure support ventilation, and T-piece during weaning from mechanical ventilation. American Review of Respiratory Disease 1991;143:469–75. MEDLINE: 2001053
28. Schifflbain 2011 {published data only} Schifflbain LM, Vieira SR, Brauner JS, Pacheco DM, Naujorks AA. Echocardiographic evaluation during weaning from mechanical ventilation. Clinics 2011;66(1):107–11. [LILACS ID: 578605; PUBMED: 21437445]
29. Jubran 2013 {published data only} Jubran A, Grant BJ, Duffner LA, Collins EG, Lanuza DM, Hoffman LA, Tobin MJ. Effect of pressure support vs unassisted breathing through a tracheostomy collar on weaning duration in patients requiring prolonged mechanical ventilation: a randomized trial.
30. JAMA 2013; 309(7):671–7. Zhang 2009 {published data only} * Zhang B, Qin YZ. A clinical study of rapid-shallow breathing

index in spontaneous breathing trial with pressure support ventilation and T-piece. Zhongguo Wei Zhong Bing Ji Jiu Yi Xue 2009;21(7):397–401. [JAMA: 2013.159.]

31. Agarwal 2008 {published data only} * Aggarwal A. Pressure support reduction versus spontaneous breathing trials in weaning from ventilation. www.controlled-trials.com/mrct.
32. Pellegrini 2011 {published data only} Pellegrini J. Comparison between spontaneous breathing trials through pressure-support ventilation or “T” tube in the weaning of mechanical ventilation in patients with chronic obstructive pulmonary disease: a randomized controlled trial. www.controlled-trials.com 2011.
33. Alia 2000 Alia I, Esteban A. Weaning from mechanical ventilation. Critical Care 2000;4:72–80. MEDLINE: 11094496
34. Baeza 1975 Baeza OR, Wagner RB, Lowery BD. Pulmonary hyperinflation. A form of barotrauma during mechanical ventilation. The Journal of Thoracic and Cardiovascular Surgery 1975;70(5):790–805. MEDLINE: 1102809
35. Blackwood 2010 Blackwood B, Alderdice F, Burns K, Cardwell C, Lavery G, O’Halloran P. Protocolized versus non-protocolized weaning for reducing the duration of mechanical ventilation in critically ill adult patients. Cochrane Database of Systematic Reviews 2010, Issue 5. [DOI: 10.1002/14651858.CD006904.pub2]
36. Boles 2007 Boles J, Bion J, Connors A, Herridge M, Marsh B, et al. Weaning from mechanical ventilation. European Respiratory Journal 2007;29:1033–56.

37. Butler 1999 Butler R, Keenan SP, Inman KJ, Sibbald WJ, Block G. Is there a preferred technique for weaning the difficult-to-wean patient: a systematic review of the literature. *Critical Care Medicine* 1999;27(11):2331–6. MEDLINE: 10579244
38. Caroleo 2007 Caroleo S, Agnello F, Abdallah K, Santangelo E, Amantea B. Weaning from mechanical ventilation: an open issue. *Minerva Anestesiologica* 2007;73(7-8):417–27. [PUBMED: 17637588]
39. Combes 2003 Combes A, Figliolini C, Trouillet JL, Kassis N, Dombret MC, Wolff M, et al. Factors predicting ventilator-associated pneumonia recurrence. *Critical Care Medicine* 2003;31: 1102–7. MEDLINE: 12682479
40. Cook 2000 Cook D, Meade M, Guyatt G, Griffith G, Booker L. Criteria for weaning from mechanical ventilation. Agency for Healthcare Research and Quality 2000;371(23):1–4. MEDLINE: 10932958
41. Egger 1997 Egger M, Davey-Smith G, Schneider M, Minder C. Bias in meta-analysis detected by a simple, graphic test. *BMJ* 1997; 315:629–34. MEDLINE: 9310563
42. Eggimann 2001 Eggimann P, Pittet D. Infection control in the ICU. *Chest* 2001;120(6):2059–93. MEDLINE: 11742943
43. Ely 1996 Ely EW, Baker AM, Dunagan DP, Burke HL, Smith AC, Kelly PT, et al. Effect of the duration of mechanical ventilation on identifying patients capable of breathing

- spontaneously. *New England Journal of Medicine* 1996;335: 1864–9. MEDLINE: 8948561
44. Epstein 1997 Epstein SK, Ciubotaru RL, Wong JB. Effect of failed extubation on the outcome of mechanical ventilation. *Chest* 1997;112(1):186–92. [PUBMED: 9228375]
 45. Epstein 2000 Epstein SK. Weaning parameters. *Respiratory Care Clinics of North America* 2000;6:253–301. MEDLINE: 10757963
 46. Epstein 2001 Epstein SK. Controversies in weaning from mechanical ventilation. *Journal of Intensive Care Medicine* 2001;16: 270–86.
 47. Esen 1992 Esen F, Denkel T, Telci L, Kesecioglu J, Tutuncu AS, et al. Comparison of pressure support ventilation and intermittent mandatory ventilation during weaning in patients with acute respiratory failure. *Advances in Experimental Medicine and Biology* 1992;317:371–6. MEDLINE: 1288147
 48. Esteban 1994 Esteban A, Alía I, Ibañez J, Benito S, Tobin M. Modes of Mechanical Ventilation and Weaning. *Chest* 1994;106: 1188–93. [DOI: 10.1378; CHEST 106.4.1188]
 49. Esteban 2002 Esteban A, Anzueto A, Frutos F, Alía I, Brochard L, Stewart TE, et al. Mechanical Ventilation International Study Group. Characteristics and outcomes in adult patients receiving mechanical ventilation: a 28-day international study. *JAMA* 2002;287(3):345–55. [PUBMED: 11790214]

50. Esteban 2008 Esteban A, Ferguson N, Meade M, Frutos-Vivar F, Apezteguia C, et al. Evolution of mechanical ventilation in response to clinical research. *American Journal of Respiratory and Critical Care Medicine* 2008;177:170–7.
51. Ezingard 2006 Ezingard E, Diconne E, Guyomarcêh S, Venet C, Page D, Gery P, et al. Weaning from mechanical ventilation with pressure support in patients failing a T-tube trial of spontaneous breathing. *Intensive Care Medicine* 2006;32(1): 165–9. [PUBMED: 16283162]
52. Fagon 1996 Fagon JY, Chastre J, Vuagnat A, Trouillet JL, Novara A, Gibert C. Nosocomial pneumonia and mortality among patients in intensive care units. *JAMA* 1996;275(11): 866–9. MEDLINE: 8596225
53. Fleiss 1986 Fleiss JL. Analysis of data from multiclinic trials. *Controlled Clinical Trials* 1986;7(4):267–75. MEDLINE: 3802849
54. Funk 2010 Funk GC, Anders S, Breyer MK, Burghuber OC, Edelmann G, Heindl W, et al. Incidence and outcome of weaning from mechanical ventilation according to new categories. *European Respiratory Journal* 2010;35(1):88–94. [PUBMED: 19541716]
55. Garnacho-Montero 2005 Garnacho-Montero J, Amaya-Villar R, García-Garmendia JL, Madrazo-Osuna J, Ortiz-Leyba C. Effect of critical illness polyneuropathy on the withdrawal from mechanical ventilation and the length of stay in septic patients.

Critical Care Medicine 2005;33(2):349–54. MEDLINE:
15699838

56. Girard 2008 Girard TD, Kress JP, Fuchs BD, Thomason JW, Schweickert WD, Pun BT, et al. Efficacy and safety of a paired sedation and ventilator weaning protocol for mechanically ventilated patients in intensive care (Awakening and Breathing Controlled trial): a randomised controlled trial. Lancet 2008;371(9607):126–34. [DOI: 10.1016/S0140-6736(08)60105-1; PUBMED: 18191684]

INSTITUTIONAL ETHICAL COMMITTEE

INSTITUTIONAL ETHICS COMMITTEE MADRAS MEDICAL COLLEGE, CHENNAI 600 003

EC Reg.No.ECR/270/Inst./TN/2013
Telephone No.044 25305301
Fax: 011 25363970

CERTIFICATE OF APPROVAL

To
Dr.Gopinath.A
II Year Post Graduate in MD Anaesthesiology
Institute of Anaesthesiology & Critical Care
Madras Medical College
Chennai 600 003



Dear Dr.Gopinath.A,

The Institutional Ethics Committee has considered your request and approved your study titled **"PRESSURE SUPPORT VERSUS SPONTANEOUS BREATHING TRIAL WITH 'T' PIECE FOR WEANING FROM MECHANICAL VENTILATION IN ADULTS IN POST ANAESTHESIA CARE UNIT (PACU)" - NO.09022017 (II)**

The following members of Ethics Committee were present in the meeting hold on **21.02.2017** conducted at Madras Medical College, Chennai 3

- | | |
|---|---------------------|
| 1.Dr.C.Rajendran, MD., | :Chairperson |
| 2.Dr.M.K.Muralidharan,MS.,M.Ch.,Dean, MMC,Ch-3 | :Deputy Chairperson |
| 3.Prof.Sudha Seshayyan,MD., Vice Principal,MMC,Ch-3 | : Member Secretary |
| 4.Prof.B.Vasanthi,MD., Prof.of Pharmacology.,MMC,Ch-3 | : Member |
| 5.Prof.K.Ramadevi,MD.,Director,Inst.of Bio-Che,MMC,Ch-3 | : Member |
| 6.Tmt.J.Rajalakshmi, JAO,MMC, Ch-3 | : Lay Person |
| 7.Thiru S.Govindasamy, BA.,BL,High Court,Chennai | : Lawyer |
| 8.Tmt.Arnold Saulina, MA.,MSW., | :Social Scientist |

We approve the proposal to be conducted in its presented form.

The Institutional Ethics Committee expects to be informed about the progress of the study and SAE occurring in the course of the study, any changes in the protocol and patients information/informed consent and asks to be provided a copy of the final report.

Member Secretary - Ethics Committee

MEMBER SECRETARY
INSTITUTIONAL ETHICS COMMITTEE
MADRAS MEDICAL COLLEGE
CHENNAI-600 003

ANNEXURES

PROFORMA

Date :

Name :

Age/Sex :

IP No :

Diagnosis :

Surgical Procedure Done :

Co morbid Illness :

Duration of Surgery :

Reason for EPOV :

Patient received in PACU and connected to VcACMV

Events/ Time (min)	0	5	10	15	20	25	30
HR							
SBP							
DBP							
SPO ₂							
ETCO ₂							

*Baseline Gas Changes after connecting to Ventilator with
FIO₂-100%*

PH	PCO ₂	HCO ₃ ⁻	PO ₂	SO ₂

Gas values in CPAP with PSV 15cm of H₂O

PH	PCO ₂	HCO ₃ ⁻	PO ₂	SO ₂

SPONTANEOUS BREATHING TRIAL

Comparison of CPAP–PSV and ‘T’ Piece Ventilation

Events/ Time (min)	0	5	10	15	20	25	30	35	40	45	50	55	60
HR													
SBP													
DBP													
SPO ₂													
RR													
p ^H													
PO ₂													
PCO ₂													

POST EXTUBATION MONITORING

Comparison of CPAP–PSV and ‘T’ Piece Ventilation

Events / Time	5 mi n	10 mi n	15 mi n	20 mi n	25 mi n	30 mi n	1 H r	2 Hr s	4 Hr s	8 Hr s	12 Hr s	24 Hr s
HR												
SBP												
DBP												
SPO ₂												
RR												
p ^H												
PO ₂												
PCO ₂												

INFORMATION TO PARTICIPANTS

Investigator : Dr. Gopinath.A

Name of the Participant:

Title. “Pressure support versus spontaneous breathing trial with ‘T’ piece for weaning from mechanical ventilation in adults in Post anaesthesia care unit(PACU)”.

(A Prospective, randomized study for evaluating the effectiveness and safety of two strategies, a pressure support ventilation (PSV) and ‘T’ tube ventilation for weaning adult patients)

You are invited to take part in this research study. We have got approval from the IEC. You are asked to participate because you satisfy the eligibility criteria. We want to evaluate the effectiveness and safety of two strategies, a pressure support ventilation (PSV) and ‘T’ tube ventilation for weaning adult patients that required mechanical ventilation for at least 12 hours, measuring weaning success and other clinically important outcomes.

What is the Purpose of the Research:

For Mechanically ventilated patients, in PACU, pressure support and T-Piece ventilation are compared for weaning and to study

- 1 . Total duration of MV (days or hours).
2. Time of weaning from MV or weaning duration
3. Hemodynamic & Biochemical changes related to weaning
4. PACU- Length of stay.
5. Proportion requiring Re-intubation
6. Mortality

The Study Design:

All the patients in the study will be divided into two groups.

60 patients requiring post operative mechanical ventilation were randomly assigned to two groups .

Group A-Weaning from mechanical ventilation from pressure support ventilation

Group B- Weaning from mechanical ventilation from T Piece ventilation

Benefits

PSV was more effective than a T-piece for successful spontaneous breathing trials (SBTs) and Weaning duration is shorter with pressure support ventilation comparing with T-Piece

Discomforts and risks

Extubation failure

Chances of Re-intubation

This intervention has been shown to be well tolerated as shown by previous studies. And if you do not want to participate you will have alternative of setting the standard treatment and your safety is our prime concern.

Time :

Date :

Place :

Signature / Thumb Impression of Patient
Patient Name:

Signature of the Investigator : _____

Name of the Investigator : _____

PATIENT CONSENT FORM

Study title **“Pressure support versus spontaneous breathing trial with ‘T’ piece for weaning from mechanical ventilation in adults in Post anaesthesia care unit(PACU)”.**

·
(A Prospective, randomized, study for evaluating the effectiveness and safety of two strategies, a pressure support ventilation (PSV) and ‘T’ tube ventilation for weaning adult patients)

Study center: **INSTITUTE OF ANAESTHESIOLOGY AND
CRITICAL CARE,
RAJIV GANDHI GOVT. GENERAL HOSPITAL,
MADRAS MEDICAL COLLEGE,
CHENNAI-03.**

Participant name:

Age:

Sex:

I.P.No:

I confirm that I have understood the purpose of procedure for the above study. I have the opportunity to ask the question and all my questions and doubts have been answered to my satisfaction.

I have been explained about the pitfall in the procedure. I have been explained about the safety, advantage and disadvantage of the technique.

I understand that my participation in the study is voluntary and that I am free to withdraw at anytime without giving any reason.

I understand that investigator, regulatory authorities and the ethics committee will not need my permission to look at my health records both in respect to current study and any further research that may be conducted in relation to it, even if I withdraw from the study. I understand that my identity will not be revealed in any information released to third parties or

published, unless as required under the law. I agree not to restrict the use of any data or results that arise from the study.

Time:

Date:

Signature

/ thumb impression of patient

Place:

Patient

name:

Signature of the investigator:

Name of the investigator:

ஆராய்ச்சி ஒப்புதல் படிவம்

ஆராய்ச்சியின் தலைப்பு

மயக்கத்திற்கு பின் பராமரிப்பு பிரிவில் அழுத்த உதவியுடன் சுவாசம் (PSV) மற்றும் 'T' குழாய் சுவாசம் இவற்றின் மூலம் படிப்படியாக செயற்கை சுவாச வழங்கியில் இருந்து குறைத்து நோயாளியிடமிருந்து எண்டோட்ரக்கியல் குழாயை நீக்குதலை ஒப்பிடுதல்

ஆய்வு நிலையம் : மயக்கவியல் துறை, சென்னை மருத்துவக் கல்லூரி
சென்னை - 3.

பங்கு பெறுவரின் பெயர் :

பங்குபெறுபவரின் எண் :

பங்குபெறுபவர் இதனை (✓) குறிக்கவும்

மேலே குறிப்பிட்டுள்ள மருத்துவ ஆய்வின் விவரங்கள் எனக்கு விளக்கப்பட்டது. என்னுடைய சந்தேகங்களை கேட்கவும், அதற்கான தகுந்த விளக்கங்களை பெறவும் வாய்ப்பளிக்கப்பட்டது.

☐

நான் இவ்வாய்வில் தன்னிச்சையாகதான் பங்கேற்கிறேன். எந்த காரணத்தினாலோ எந்த கட்டத்திலும் எந்த சட்ட சிக்கலுக்கும் உட்படாமல் நான் இவ்வாய்வில் இருந்து விலகி கொள்ளலாம் என்றும் அறிந்து கொண்டேன்.

☐

இந்த ஆய்வு சம்பந்தமாகவோ, இதை சார்ந்த மேலும் ஆய்வு மேற்கொள்ளும் போதும் இந்த ஆய்வில் பங்குபெறும் மருத்துவர் என்னுடைய மருத்துவ அறிக்கைகளை பார்ப்பதற்கு என் அனுமதி தேவையில்லை என அறிந்து கொள்கிறேன். நான் ஆய்வில் இருந்து விலகிக் கொண்டாலும் இது பொருந்தும் என அறிகிறேன்.

☐

இந்த ஆய்வின் மூலம் கிடைக்கும் தகவல்களையும், பரிசோதனை முடிவுகளையும் மற்றும் சிகிச்சை தொடர்பான தகவல்களையும் மருத்துவர் மேற்கொள்ளும் ஆய்வில் பயன்படுத்திக்கொள்ளவும் அதை பிரசுரிக்கவும் என் முழு மனதுடன் சம்மதிக்கின்றேன்.

☐

இந்த ஆய்வில் பங்கு கொள்ள ஒப்புக்கொள்கிறேன். எனக்கு கொடுக்கப்பட்ட அறிவுரைகளின்படி நடந்து கொள்வதுடன் 'இந்த ஆய்வை மேற்கொள்ளும் மருத்துவ அணிக்கு உண்மையுடன் இருப்பேன் என்று உறுதியளிக்கிறேன்.

☐

பங்கேற்பவரின் கையொப்பம் இடம்..... தேதி.....

கட்டைவிரல் ரேகை

பங்கேற்பவரின் பெயர் மற்றும் விலாசம்

ஆய்வாளரின் கையொப்பம் இடம்..... தேதி.....

ஆய்வாளரின் பெயர்

S.NO	DATE	NAME	AGE	SEX	IP NO	DIAGNOSIS	SURGERY	DATE RECEIVED TIME	HR	SRP																					
									0	5	10	15	20	25	30	35	40	45	50	55	60	65	70	75	80	85	90	95	100		
CPAP EXTUBATION GROUP																															
1	04/05/2017	Kannan	40	M	2225	Aortic iliac occlusion	Aortic bifemoral bypass	VS-2 2.30 PM	135	127	122	114	116	109	112	105	108	106	107	100	103	102	100	100	100	100	100	100	100	100	
2	06/07/2017	Devraj	65	M	2525	CA Oesophagus	pharyngoplasty & F	SGE-2 1.35 PM	121	108	105	110	107	108	110	109	105	105	105	105	105	105	105	105	105	105	105	105	105	105	
3	04/10/2017	Lakshmi	67	F	2024	Aortic iliac occlusion	Aortic bifemoral bypass	VS-1 4.45 PM	120	113	114	104	99	101	103	105	105	105	105	105	105	105	105	105	105	105	105	105	105	105	
4	04/10/2017	Farhana	42	F	20526	Cholelithiasis	Open cholecystectomy	S-2 1.30 PM	118	104	106	87	88	94	99	109	109	109	109	109	109	109	109	109	109	109	109	109	109	109	
5	04/11/2017	Chellamuthu	65	M	24918	Perianal fistula carcinoma	Whipple's procedure with F	SGE-1 5.00 PM	99	102	100	94	96	91	94	102	102	102	102	102	102	102	102	102	102	102	102	102	102	102	
6	18/12/2017	Vivek	62	F	32817	Perianal fistula carcinoma	Whipple's procedure with F	SGE-1 5.30 PM	104	102	100	91	94	94	95	102	102	102	102	102	102	102	102	102	102	102	102	102	102	102	
7	19/12/2017	Rajendran	50	M	34433	Aortic graft thrombosis	Transcatheter with patch plasty	VS-2 3.45 PM	104	102	100	91	94	94	95	102	102	102	102	102	102	102	102	102	102	102	102	102	102	102	
8	12/12/2017	Shankar	47	M	31829	Cholelithiasis	Open Cholecystectomy	S-2 2.15 PM	99	101	97	95	92	97	94	102	102	102	102	102	102	102	102	102	102	102	102	102	102	102	
9	23/12/2017	Kannan	55	M	29877	CA Oesophagus	VATS	SGE-2 5.15 PM	117	108	109	104	107	110	108	102	104	104	104	104	104	104	104	104	104	104	104	104	104	104	
10	26/12/2017	Parameswari	43	F	34263	CA OG junction Loc Advanced	Ext. Total gastrectomy, Distal pancreatectomy, Splenectomy, T. Adh anastomosis, Cholecystectomy	SGE-2 4.40 PM	130	126	120	117	114	113	117	110	118	114	114	114	114	114	114	114	114	114	114	114	114	114	114
11	26/12/2017	Sulaiman	65	F	39843	Bi-iliac artery aneurysm extending into aortic bifurcation	Endoaneurysmorrhaphy with Bi-iliac bypass	VS-1 5.15 PM	94	88	85	86	84	82	84	138	140	136	135	137	134	134	134	134	134	134	134	134	134	134	
12	27/12/2017	Devraj	40	M	39104	Recurrent biliary cyst liver (CA Oesophagus)	Cyst decompression with tube cholecystectomy	SGE-1 06.00 PM	96	92	95	90	93	88	91	144	153	148	147	149	148	148	148	148	148	148	148	148	148	148	
13	28/12/2017	Iya	53	F	22020	Bi Hemicolecotomy	Whipple's procedure with F	SGE-1 06.30 PM	102	98	99	101	107	90	95	100	105	105	105	105	105	105	105	105	105	105	105	105	105	105	
14	29/12/2017	Sandhya	67	F	37317	CA Gall bladder Loc advanced	Resection of gallbladder to LHD	SGE-2 02.15 PM	23	48	72	67	69	70	68	106	110	113	114	114	114	114	114	114	114	114	114	114	114	114	
15	29/12/2017	Krishnan	45	M	38853	Aortic iliac occlusion	Aortic bifemoral bypass	VS-2 04.15 PM	69	67	67	68	70	67	67	153	138	134	128	128	128	128	128	128	128	128	128	128	128	128	
16	05/01/2017	Ravi Kumar	46	M	38429	Proximal Gastric CA	Oesophageal jejunal anastomosis & F	SGE-2 4.55 PM	94	91	97	94	98	92	99	140	128	124	120	122	120	120	120	120	120	120	120	120	120	120	
17	05/06/2017	Mahesh	48	F	38265	CA OG junction	Transhiatal total gastrectomy	SGE-2 04.05 PM	94	95	98	93	93	92	95	138	109	104	107	100	99	100	100	100	100	100	100	100	100	100	
18	05/07/2017	Suzana	54	F	35131	CA Stomach	Subtotal gastrectomy with F	VS-1 02.10 PM	88	90	91	95	92	94	90	133	135	132	128	125	133	133	133	133	133	133	133	133	133	133	
19	05/08/2017	Thangamani	57	F	35211	Perianal fistula carcinoma	Whipple's procedure with F	SGE-1 4.05 PM	102	100	99	103	106	102	97	143	140	137	134	144	149	147	144	144	144	144	144	144	144	144	
20	05/10/2017	Karthikeyan	44	M	34298	Cholelithiasis	Open cholecystectomy	S-4 1.40 PM	114	109	112	114	108	105	102	152	148	144	144	144	144	144	144	144	144	144	144	144	144	144	
21	05/12/2017	Saravanan	49	M	31181	Aortic iliac occlusion	Aortic bifemoral bypass	VS-2 04.15 PM	109	105	104	104	103	104	100	148	147	144	142	145	150	150	150	150	150	150	150	150	150	150	
22	13/12/2017	Sundaram	51	M	34020	CA Oesophagus	VATS	SGE-2 05.20 PM	99	100	102	98	101	97	95	144	146	145	139	142	140	140	140	140	140	140	140	140	140	140	
23	15/12/2017	Thangachalam	54	M	35252	CA Stomach	Lower anterior resection	SGE-2 1.05 PM	89	92	90	94	88	90	92	129	133	135	128	130	132	132	132	132	132	132	132	132	132	132	
24	16/12/2017	Uma	48	F	31143	CA Stomach	Subtotal gastrectomy with F	SGE-2 2.20 PM	99	101	97	94	95	98	95	133	134	137	134	135	137	137	137	137	137	137	137	137	137	137	
25	18/12/2017	Rajammal	45	F	32890	Pancreatic carcinoma	Intestinal Drainage	S-1 1.45 PM	100	114	108	110	105	102	100	142	134	130	128	132	134	134	134	134	134	134	134	134	134	134	
26	21/12/2017	Sudakar	49	M	31132	Bi-iliac occlusion	Cholecystectomy with Bi-iliac bypass	VS-1 1.00 PM	94	89	91	92	94	91	95	88	128	130	134	130	129	129	129	129	129	129	129	129	129	129	
27	22/12/2017	Karthikeyan	52	M	32890	CA Gall bladder	Whipple's procedure with F	SGE-2 4.45 PM	112	108	110	104	108	104	99	144	144	144	144	144	144	144	144	144	144	144	144	144	144	144	
28	24/12/2017	Sudakar	55	M	31132	Cholelithiasis	Open cholecystectomy	SGE-2 1.30 PM	100	98	97	96	99	94	98	95	132	128	124	120	122	122	122	122	122	122	122	122	122	122	
29	26/12/2017	Anil	40	M	40518	Distal gastric cancer	Subtotal gastrectomy with Whipple's procedure with F	SGE-1 5.10 PM	99	101	102	98	100	101	100	97	140	138	136	139	134	134	134	134	134	134	134	134	134	134	
30	27/12/2017	Sumathi	47	F	37289	CA OG Junction	Total gastrectomy with Roux en Y Oesophageal jejunal anastomosis & F	SGE-2 5.50 PM	112	108	107	104	106	101	99	100	140	134	136	137	139	139	139	139	139	139	139	139	139	139	
T-PIECE EXTUBATION GROUP																															
1	04/01/2017	Ranjitham	46	M	14734	Insulinoma	Distal pancreatectomy with splenectomy	VS-2 2.00 PM	108	104	101	102	106	112	107	152	147	133	118	114	114	114	114	114	114	114	114	114	114	114	
2	04/04/2017	Anil	58	M	36121	Perianal fistula carcinoma	Whipple's procedure	SGE-2 4.45 PM	111	108	109	114	104	105	99	144	142	132	129	130	126	126	126	126	126	126	126	126	126	126	
3	04/04/2017	Suresh	49	M	35222	Distal gastric cancer	Subtotal gastrectomy with F	SGE-1 3.10 PM	98	99	103	96	88	84	86	142	140	134	134	136	122	128	126	122	124	124	124	124	124	124	
4	04/06/2017	Chinnappan	52	M	30182	Aortic iliac occlusion	Aortic bifemoral bypass	VS-1 1.35 PM	98	93	90	94	90	88	89	118	122	128	132	137	129	132	132	132	132	132	132	132	132	132	
5	04/06/2017	Somasundaram	39	M	31128	Chronic calcific pancreatitis	Frey's procedure	SGE-1 4.50 PM	113	108	104	107	106	104	101	130	128	132	137	129	132	132	132	132	132	132	132	132	132	132	
6	04/11/2017	Mahalingam	61	F	17854	CA Lower 1/3 Oesophagus	Transhiatal Esophagectomy	SGE-1 4.35 PM	94	97	94	95	100	95	91	102	100	100	100	100	100	100	100	100	100	100	100	100	100	100	
7	04/12/2017	Sundar	39	F	38824	Cholelithiasis	Open Cholecystectomy	GS-4 1.15 PM	122	118	120	124	115	112	114	152	150	143	147	142	150	150	150	150	150	150	150	150	150	150	
8	14/12/2017	Natarajan	47	M	29111	Aortic iliac occlusion	Aortic bifemoral bypass	VS-2 3.15 PM	95	97	100	94	98	95	94	132	134	135	128	133	129	129	129	129	129	129	129	129	129	129	
9	15/12/2017	Mahalingam	36	M	38682	Aortic iliac occlusion	Modified Heller's Myotomy	SGE-2 3.05 PM	88	91	87	89	85	86	85	128	124	124	120	122	122	122	122	122	122	122	122	122	122	122	
10	15/12/2017	Muniraj	45	M	39234	Perianal fistula carcinoma	Whipple's procedure	SGE-2 4.10 PM	92	91	97	94	92	91	94	119	121	124	120	118	121	121	121								

VITALS																					BASELINE GAS VALUES																			
DRP										SPO2											ETCO2										FIO2									
0	5	10	15	20	25	30	0	5	10	15	20	25	30	0	5	10	15	20	25	30	PO2	PH	PCO2	PtO2																
134	106	102	98	99	96	98	99	100%	100%	100%	100%	100%	100%	28	20	29	33	31	32	38	100%	7.365	28.0	334																
135	100	96	90	87	88	81	80	100%	100%	100%	100%	100%	100%	34	36	38	34	35	36	37	100%	7.302	32.2	478																
141	98	102	100	97	96	100	95	100%	100%	100%	100%	100%	100%	30	33	31	34	30	32	31	100%	7.383	38.0	378																
130	71	74	68	71	74	76	72	100%	100%	100%	100%	100%	100%	40	38	37	44	36	37	36	100%	7.323	37.0	345																
134	93	90	95	92	89	88	88	100%	100%	100%	100%	100%	100%	29	32	31	32	36	36	37	100%	7.309	38.0	409																
139	112	117	109	112	97	95	99	100%	100%	100%	100%	100%	100%	39	42	40	41	38	41	40	100%	7.201	43.0	449																
138	68	84	87	80	83	84	83	100%	100%	100%	100%	100%	100%	37	37	38	40	38	39	40	100%	7.180	38.9	462																
134	91	88	89	90	92	94	94	100%	100%	100%	100%	100%	100%	34	35	36	36	35	37	37	100%	7.180	33.2	389																
839	88	92	90	91	94	92	90	100%	100%	100%	100%	100%	100%	40	41	39	38	40	38	39	100%	7.221	39.1	475																
134	70	72	64	68	77	69	73	100%	100%	100%	100%	100%	100%	27	26	25	28	30	30	32	100%	7.470	24.1	385																
134	98	94	85	88	90	92	90	100%	100%	100%	100%	100%	100%	42	43	43	44	44	41	40	100%	7.270	44.1	477																
140	90	88	84	85	91	89	86	100%	100%	100%	100%	100%	100%	27	26	27	30	31	29	32	100%	7.426	25.6	453																
148	80	86	84	78	80	82	82	100%	100%	100%	100%	100%	100%	38	37	35	38	36	35	35	100%	7.191	40.6	408																
135	64	66	64	59	62	65	62	100%	100%	100%	100%	100%	100%	33	35	32	36	34	35	34	100%	7.180	38.1	467																
122	110	98	97	98	96	94	78	80	100%	100%	100%	100%	100%	35	37	34	38	35	36	37	100%	7.450	35.5	493																
127	122	70	72	69	71	74	70	100%	100%	100%	100%	100%	100%	29	33	31	32	35	34	34	100%	7.320	31.9	452																
97	98	77	84	66	62	60	59	100%	100%	100%	100%	100%	100%	26	25	27	29	28	28	30	100%	7.459	23.5	345																
130	83	78	81	84	78	77	81	100%	100%	99%	99%	100%	100%	41	42	41	39	40	40	40	100%	7.372	42.0	457																
138	93	95	94	93	90	88	89	100%	100%	100%	100%	100%	100%	38	37	37	37	39	38	38	100%	7.332	36.9	432																
144	100	94	97	98	96	92	89	100%	100%	100%	100%	100%	100%	33	32	33	33	35	35	36	100%	7.383	33.2	348																
143	94	95	93	90	92	89	89	100%	100%	100%	100%	100%	100%	37	38	37	36	37	37	36	100%	7.328	40.2	409																
138	97	95	94	98	94	95	92	100%	100%	100%	100%	100%	100%	39	39	38	39	38	37	37	100%	7.293	38.5	388																
128	90	92	94	89	88	84	87	100%	100%	100%	100%	100%	100%	40	41	41	40	39	40	39	100%	7.343	40.0	462																
128	89	82	88	90	84	87	88	100%	100%	100%	100%	100%	100%	43	39	40	41	40	39	39	100%	7.373	41.0	444																
140	86	85	88	88	83	78	80	100%	100%	100%	100%	100%	100%	34	37	36	35	36	38	38	100%	7.312	42.2	421																
135	90	88	91	89	92	90	86	100%	100%	100%	100%	100%	100%	37	36	36	38	38	38	37	100%	7.321	44.0	423																
139	95	94	93	90	92	91	89	100%	100%	100%	100%	100%	100%	31	34	34	33	34	35	35	100%	7.442	32.8	383																
130	88	84	88	90	87	90	84	100%	100%	100%	100%	100%	100%	37	36	37	36	37	35	35	100%	7.362	37.1	408																
130	90	87	84	88	83	84	88	100%	100%	100%	100%	100%	100%	38	37	37	38	38	37	38	100%	7.305	29.2	443																
134	85	82	89	84	87	86	82	100%	100%	100%	100%	100%	100%	40	39	38	38	38	38	38	100%	7.345	34.5	442																
130	98	94	91	88	90	92	90	100%	100%	100%	100%	100%	100%	34	34	33	35	37	36	36	100%	7.481	34.8	268																
128	77	74	76	68	70	78	78	100%	100%	100%	100%	100%	100%	36	37	37	37	36	37	37	100%	7.371	36.4	404																
130	72	70	78	68	74	72	77	100%	100%	99%	99%	100%	100%	42	40	39	38	40	38	38	100%	7.612	40.2	384																
120	82	80	78	77	69	72	74	100%	100%	100%	100%	100%	100%	44	41	42	41	41	41	41	100%	7.364	43.2	343																
130	78	77	80	81	82	75	73	100%	100%	100%	100%	100%	100%	33	34	34	35	34	34	33	100%	7.413	31.0	362																
112	65	64	68	63	64	65	65	98%	98%	99%	99%	100%	100%	45	46	45	43	43	41	42	100%	7.294	46.2	297																
137	102	104	99	101	98	87	85	97%	98%	98%	98%	100%	100%	37	37	37	39	38	38	38	100%	7.382	36.2	413																
136	87	90	92	84	88	87	85	100%	100%	100%	100%	100%	100%	39	40	39	39	40	40	41	100%	7.406	35.1	345																
120	76	77	74	75	72	74	70	100%	100%	100%	100%	100%	100%	37	38	38	38	38	37	37	100%	7.335	36.6	454																
118	72	70	72	71	71	72	70	98%	98%	99%	98%	99%	99%	39	40	40	39	39	39	39	100%	7.321	29.2	335																
130	84	78	83	85	83	84	80	100%	100%	100%	100%	100%	100%	40	42	42	42	41	42	42	100%	7.392	41.7	427																
130	90	84	86	82	80	82	83	99%	100%	100%	100%	100%	100%	42	41	41	40	40	41	40	100%	7.437	41.4	411																
128	84	86	84	87	83	81	81	100%	100%	100%	100%	100%	100%	39	38	38	38	37	38	38	100%	7.368	37.7	387																
127	72	80	85	82	80	78	82	100%	100%	100%	100%	100%	100%	41	40	40	40	41	39	38	100%	7.391	40.7	401																
118	65	67	64	66	62	68	67	98%	98%	99%	99%	100%	100%	43	43	43	40	40	40	40	100%	7.243	49.2	253																
124	72	74	72	70	72	72	70	100%	100%	100%	100%	100%	100%	37	38	37	37	36	37	37	100%	7.372	37.4	403																
130	89	84	85	86	82	84	84	99%	100%	100%	100%	100%	100%	40	39	40	39	40	39	39	100%	7.309	41.8	367																
120	74	74	70	72	68	67	70	100%	100%	100%	100%	100%	100%	38	38	38	37	37	37	37	100%	7.408	38.2	355																
132	89	91	92	88	87	84	86	100%	100%	100%	100%	100%	100%	37	36	37	37	36	37	37	100%	7.343	48.4	113																
122	91	88	90	87	88	84	85	100%	100%	100%	100%	100%	100%	33	34	34	37	35	36	36	100%	7.442	33.4	228																
124	70	68	64	66	65	69	72	100%	100%	100%	100%	100%	100%	36	36	35	36	35	37	37	100%	7.392	40.1	394																
122	85	82	84	80	80	80	80	100%	98%	98%	98%	99%	100%	46	44	44	43	44	43	43	100%	7.292	45.5	244																
122	85	82	80	88	83	85	84	100%	100%	100%	100%	100%	100%	39	38	38	38	39	37	37	100%	7.346	39.5	434																
120	68	72	71	66	70	68	67	100%	100%	100%	100%	100%	100%	36	37	37	37	37	37	37	100%	7.423	37.5	483																
124	77	78	80	82	77	75	76	100%	100%	100%	100%	100%	100%	40	38	38	38	38	38	38	100%	7.343	39.6	444																
132	84	86	82	80	85	84	84	100%	100%	100%	100%	100%	100%	38	37	38	38	38	38	37	100%	7.394	38.6																	

